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Sayed's TV dream channels hope to the lonely and lost

Rashi Jain

A fghani refugee Sayed Maqsoodi, now happily settled in West Melbourne, has embarked on an ambitious media project that he hopes will change lives. Sayed had hosted a morning

television show in Kabul and had become a household name. "Not very famous, but people knew me," he says. His interviews with Afghan women and the inclusion of music videos made him a target for the Taliban and religious extremists. His life was in danger.

After fleeing to Australia in 2020, he received a protection visa and found work before being struck down with COVID during the pandemic's first wave. It was during recovery in isolation that the idea of his YouTube channel, Positive Energy, was born.

"I needed to give myself hope. I was depressed and, had I not started this project, I would have gone mad. Also, it is our moral imperative and duty to inspire others," he says.

Sayed's philosophy is that everyone is unique and we must all find joy and meaning in our lives.

"After those days of isolation, I knew I wanted to take this idea and make it bigger in Australia," he says.

Last year, when he was finally able to bring his family to Australia, he says it was the "best moment of my life. Everything completely changed by 360



Sayed Maqsoodi is preparing to launch MAA Television.

degrees. Before that day, I was simply trying to survive."

He decided to start a media company, MAA Television, to produce programs and content based on inspirational life-changing themes. The word 'maa' means 'we' or 'our' in Dari, one of Afghanistan's two national languages.

Sayed chose 'maa' to express his philosophy of inclusiveness. "We wanted to tell the world that our shows are for everyone," he says.

"What makes us different from other media companies is our mission. We want to give people positive energy and encouragement to work, and to show ways of being happy in their lives."

The content will include real-life stories as well as documentaries depicting hardship, especially the struggles of women's lives. The company slogan is 'Voice of your heart'.

The shows will initially run in Dari and Pashto, Afghanistan's other national language, but will screen some content in English. "Our goal is to create content in as many languages as possible so that the world can watch and feel at home from anywhere," Sayed says.

Sayed's team includes 15 dedicated permanent members, supported by some volunteer local actors. All are busy recording and editing the shows, planning schedules, and promoting on social media.

Sayed is determined not to waste a second: "In life, we are never totally happy with everything that happens to us, so we have to enjoy the little moments that we are blessed with."

He works from his West Melbourne home office and various shooting locations around Melbourne.

MAA Television aims to start premiering their shows by mid year.

"We want to bring love to people. This makes us different than others," he says.

Rashi Jain writes regularly for the News.

Want to know more?

Check out MAA Television's Facebook channel. www.facebook.com/maatelevisionaustralia/



Sound of song reigns in lane

Rosie Greenfield

Why were some Sing NoW! community choristers slinking around the back lanes of North Melbourne recently?

Before you get the wrong idea, let me explain. The choir practises on a Thursday evening. And at our first practice night after the Christmas break, it was absolutely teeming down.

As we already had our umbrellas, we decided to head out to the back laneway behind our usual practice facility.

There we were, brollies unfurled and singing away, reprising that iconic scene of Gene Kelly singing and dancing in the 1952 film classic, *Singin'* in the Rain.

Rain has followed the choir recently, but it has never dampened our spirits! You may recall that last year, on the night before the Queensberry Cup in late October, the heavens opened. Then, just as we started to sing, the clouds parted and we launched into the John Fogerty song, Have You Ever Seen the Rain? We chased the rain away and it was a perfect day!

A couple of weeks later, we were, as usual, part of the local Christmas festivities. The day was damp – until we started, that is – and we made sure not to include references to snow or rain.

The Centre's community Christmas picnic in mid-December turned on the sunshine. Not even a hint of rain! When the time came for our Christmas songs in the street outside the West Melbourne Baptist Church, the sun was in our eyes.

It seemed the rain curse on our choir had been lifted.

However, if it were to return, we're lucky that our weekly Thursday rehearsals are conducted indoors at Sokol Melbourne on Queensberry Street. But we fondly recall one outdoor performance behind the Town Hall (now Arts House) for the great sound produced.

Whatever the weather, singing in our choir brings together a community of singers who thoroughly enjoy making a sound composed of many harmonies, from the simple format of a round to the more complex form of four parts.

We are ably led by Susie Kelly (no,

not Gene!) who brings an absolute confidence in our abilities, which, in turn, gives us the confidence to perform. Performing in front of an appreciative audience is a thrilling culmination of many rehearsals and lots of individual practice with rehearsal tapes.

In addition to attending our weekly rehearsals, you can build your own confidence rehearsing to pre-recorded tapes in the privacy of your own space. For modest sessional fees or a term of around 10 rehearsals with concessions available, it is easy to sign up at www.centre.org.au/whats_on/.

If you prefer, just come and check us out at a Thursday practice night (7.00 pm) at Sokol, 497 Queensberry Street, just around the corner from Arts House.

Everyone is welcome and there are no auditions. We'll have you singing along in no time!

Rosie Greenfield is a member of Sing NoW! community choir.

I'm singin' in the rain / Just singin' in the rain What a glorious feeling / And I'm happy again. I'm laughing at clouds / So dark, up above The sun's in my heart/ And I'm ready for love.

Singin' in The Rain (from the 1952 film) sung by Gene Kelly.











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Volunteer Nancy gives and learns lessons in Laos



Local artist Nancy Lane with some of her mementos from Laos.

Flora Sciarra

ancy Lane is well-known local artist who has made an artform out of international volunteering.

She retired in 2007 after a career in various academic and communication roles, including running the communications department for an educational research laboratory in Hawaii and, closer to home, heading university library schools in Canberra and Perth

Leaving formal employment in 2007 opened the door to immediate immersion in volunteering in South East Asia. A CV of Nancy's volunteering roles since then, all utilising the skills acquired in her professional working life, is both exhausting and impressive.

Initial volunteering in Bangkok, which involved organising communications in a community forestry program, led Nancy to Laos, her favourite country. "I was involved in a library training program, helping train lecturers in areas where they lacked expertise," she says.

"I went to so many institutions – Laotian universities in Vientiane and Luang Prabang. I became a de facto English teacher and learned to speak, read and write Lao at an intermediate level. I still take lessons weekly," Nancy says. Nancy warmed to Laos, in every sense. "I much prefer being hot to being cold. That's why I usually go to Laos from May to August, to avoid the Melbourne winter," she says.

Of course, volunteering is not all work. Nor is it all volunteering, for that matter. There is always the chance to blend in and to taste another culture.

Nancy's love for Laos is evident as she tells of her travels in that fascinating country. "Once, an American friend came to visit me in Bangkok, and we went to Bokeo province in Laos to visit a national park with wild gibbons. We heard them, but unfortunately didn't see them," she recalls.

"While there, we slept in tree houses that we had to get to via ziplines, then we took a speed boat down the Mekong River to Luang Prabang, in the north. It was the capital until 1975 and is a delightful world heritage city."

For all the professional skills that Nancy has brought to her volunteering roles, she says that the benefits are reciprocal. "Since I retired, I've learned more than I have taught. I've learned about different cultures, different values and different ways of doing things," she says.

"You find out so much about people. For example, it's not just the women who take care of the children in Laos. The men came to my English classes with their children. Sports and exercise are important too. They finish work at four so they can play soccer and ping-pong. It's a different way of living.

"Some things don't function as well as they do here. You have to learn to live with that. As long as you are flexible in your expectations it always works out. I loved every minute in Laos."

Nancy strongly recommends volunteering. The Australian Volunteer Program covers airfares, insurance and a small amount for living expenses. "Enough to live modestly," she says.

"You don't stay in a hotel drinking wine. You eat locally and go to the local market. Most of the time I lived in a one-bedroom apartment, not fancy, but adequate. You can only take one suitcase, anyway."

The range of opportunities is extensive. "Some people have gone over there to teach soccer and other sports. One volunteer was organising swimming lessons in Vietnam," Nancy says.

"I would recommend volunteering to anyone who has the time, is recently retired, fed up with their job, or don't quite know what to do with themselves."

Flora Sciarra writes regularly for the News.



Wheely?

These photographs were taken in local streets in just one day.



Anne Burgi

I'm a fan of shared resources like e-scooters that aim to cut the number of cars on our roads. They also look like a lot of fun.

Anyone living in the neighbourhood will have noticed the influx of these brightly coloured two-wheelers.

But we need to find a way round one of



their drawbacks. Pedestrians not only have to dodge them when they're on the move but also when they're left randomly parked across footpaths.

When you're finished your ride, please spare a thought for those in wheelchairs, pushing prams or with limited vision.

Anne Burgi is the News production editor.





Community-owned – Volunteer-run – Local news and views since 1978

Did you know that the stories in this paper are written by a team of volunteers, not professional journalists?

If you enjoy reading the News and might be interested in writing for it, you could soon see your words and your name in print.

Support always on hand from experienced team members



ANZAC DAY LEST WE FORGET

Join our local service Sunday 23 April, 2pm

Corner Hawke and Victoria streets



Flag Ceremony
Wreath Laying
The Last Post
One Minute's Sacred Silence
Refreshments

the centre connecting community in north & west melbourne inc.





Curious? Contact editorial@centre.org.au or 9328 1126



Max calls time on market shop

Geoff Pound

A ax Thompson has just hung up his apron after 55 years as a butcher at the Queen Victoria Market. He spoke to the *News* a few days before he permanently shut up shop. One of the many changes Max has seen during his half century at the market is our reduced consumption of meat. "I used to do 130 lambs and 20 steers a week. Now, that is lasting me for three months," he said.

He noted other social and eating patterns. His shop has displayed a halal certificate for some time and he was selling a lot of goat meat to meet booming demand. It's a long while since he set a record for the number of legs of lamb sold in a week.

He said times have got tougher.
"Now our biggest sale is sausages. At
Christmas and New Year we made
and sold more than 500 kg. With meat
dear, people have moved to sausages
to ease their budget."

Max said butchering was much harder in the old days. "I used to mince and mix the sausage meat by hand until I bought an 80kg electric mincer mixer. I ended up sitting over there and crying, asking myself what had I done for 20 years."

He said he was proud to have been part of the push to open the market on Sundays. "Look at it now. Sunday is the best day of the week. For vendors it's their money day."

He proudly showed off an unusual souvenir – the cover of the Skyhooks' 1976 album, *Straight in a Gay Gay World* – and pointed to his image, with several other market butchers and the famous Hooks and a black lamb.

When quizzed why he was finally calling it a day, Max's answer was simple. "I'm 75. My whole life has been in the market. I want to have a few years to see what retirement is like. There's a world out there."

His immediate plan is to sleep for three weeks and to attend an AFL

game. "Then, in the middle of the year, my wife, Lorna, and I will make our permanent home in the Philippines."

He said he wouldn't miss much about butchering. "Certainly it won't be cutting myself. I've had a few accidents over the years," he said as he revealed the ugly scars caused by his razor-sharp knives.

Max admitted he would miss his workmates. "Often people come in and say, 'Max, remember 40 years ago, I worked with you here?' I like that."

Most of all, he will miss his regular customers. "Some came in as babies, 45 years ago, with their mothers. Now they come in with their own children,"

His voice wavered just a bit as he thought of his last day. "When I shut up shop next week, I'll be crying as I walk to the door. Then I'll run when I get to it."

Geoff Pound writes regularly for the News.

Loss of local centurion

ong-time North Melbourne
resident, Dr Margaret Bowman
OAM passed away on 25 February.
In an article in 2020, marking
Margaret's 100th birthday, Flora
Sciarra wrote that Margaret arrived in
Australia from her native England 60
years ago.

She lived near Ballarat then in the eastern suburbs before coming to North Melbourne 30 years ago.

A former politics lecturer at Monash, Margaret always loved intellectual pursuits and kept her mind active as a member of the University of the Third Age and with regular French classes.

Closer to home, she was an active member of the North Melbourne Library and the Hotham History Project and in The Centre's exercise classes.

The full story is available on page 5 of the Spring 2020 issue of the *News*: www.centre.org.au/images/uploads/NWMN_2020-3_-_Spring_-_FOR_WEB.



Margaret Bowman with her best mate, Wally.

Dr Margaret Fanny Bowman OAM

28.01.1920 - 25.02.2023

Beloved friend, mother, grandmother and great-grandmother.

A long life lived well and an inspiration to many

A funeral service will be held at St Mary's Anglican Church, 430 Queensberry Street North Melbourne Tuesday 14th of March at 10.30 am

https://tobinbrothers.com.au/tribute/details/27742/Dr-Margaret-Bowman/obituary.html#tribute-start

In lieu of flowers please make a donation to the Asylum Seekers Resource Centre or $\mathbf{MND} \ \mathbf{Australia}$

Community Comment

Georgie Preston invited Clayton Reserve dog park visitors to share their secrets in a 'Vox Pup'



Lenny, Border Collie, 16 monthsI love chasing the frisbee and I don't mind helping other dogs chase balls. Or pinching

their treats, if I get a chance.



Mootie, Groodle, 13 years

I've got a few years under my belt, I know, but I still think I'm the cutest looking dog in North Melbourne



Hero (21 months) & Lena (15 months), Jack Russells

We're siblings – we share the same dad! We love the lush grass at Arden Street Oval.



Holly, Toy Poodle, 15 years

I'm not a sprightly young pup any more, so I'm happy to curl up in my pram and I enjoy being wheeled around.

Twist and a twirl puts a curl in a great hair day

Angela Flint

The start of a new school year is a time for a new beginning. So many things to learn!

Students always feel a tinge of anxiety after waving parents goodbye at the school gate as they face new routines and become accustomed to new environments and peers. This has particularly been the case post COVID.

St Michael's Primary is committed to the wellbeing of all students and dedicated a week of 'wellbeing' activities at the start of the school year. We value wellbeing for learning and wellbeing for life!

In one activity in the first week of February, students and staff arrived at school sporting some crazy hairstyles. We had rat tails, bobs, bangs, braids, topknots, plaits, mullets, wigs – and of course, some classic 1960s' Beatlesstyle fringes.

Everyone got into the fun. Our librarian, Susan Mooney, looked as if she had stepped off a 1970s' disco dance floor while principal Denise Hussey created a hit with her pipe cleaner/twist creation.

But it was the children who took the cake. In fact, Nina (Grade 5) sported a

hairstyle that looked good enough to eat, shaped as it was into a cupcakestyle bun, while llaria (Grade 2) turned her tresses into a unicorn.

"I put some red-and-blue ribbons on my plaits to make them look bright," Grade 2 student Anysia said with a cheeky grin.

Parents invited in for a cuppa and a catch-up at drop-off time happily joined in our crazy hair activity. "Could we do this once a month?" parent Hui Lo asked, from under the cover of a scarlet wig.

"The children loved it. In the old days, when I went to school, we used to get in trouble with the teachers when we pushed the boundaries with our hairstyles," Hui said.

She had also joined in the calming mindfulness session in the hall, which preceded the students letting their hair down. "I feel calm and ready to start the day now," she said.

Teacher and school community engagement leader Fiona Dunne said she was delighted to see parents on the school grounds.

"I can't wait to get them involved in future activities at St Michael's."

Angela Flint is wellbeing leader at St Michael's.



St Michael's librarian Susan Mooney and student Elke compare their wild wigs



Antonina and Anysia happy to show off their crazy hair.



NMPS Prep teacher Julia Mercadante with student Zeeyana.

Excited Preps join school community

Gabrielle Panozzo

On the first day of school at North Melbourne Primary, 105 excited Preps walked through the school's Errol Street gates for the first time.

They will be the last cohort of Preps at NMPS since the school opened in this building in 1874 – that's 149 years ago!

A new junior school campus will open later this year on our new Molesworth Street site, currently under construction. Our Errol Street campus will become a senior Year 3-6 campus.

NMPS principal Sarah Nightingale was delighted with the Preps' first day at school.

"It was great to see how settled the children were on their first day. From all reports they had a fantastic day and have shown us that they're eager to learn and be part of our school community," she said.



Acknowledgement of Country written by the Prep E students.

One of the new Preps, Evelyn Holmes, was joining her older siblings. "I was excited but a little bit nervous. My brother and sister go here. I was nice and safe in my classroom. The best part was eating my sandwich because it was delicious."

It wasn't only the children who were bubbling with excitement on day one. We welcomed six new graduate teachers, and Caroline Bett was thrilled to begin her first day with a Prep class. "Just like the Preps, I was also excited and nervous for my first day teaching. I absolutely loved getting to know the students and seeing them settle in their first week." Prep children come to school with vastly different experiences, cultures and knowledge. Across the cohort, almost 40 different languages are spoken at home. In the first week, a class-based cultural experience activity was writing an acknowledgement of country.

As part of the exercise, one Prep wrote a heartfelt call to personal action: "We promise to take care of [the land] every day."

Gabrielle Panozzo is assistant principal at North Melbourne Primary.



ABOVE: Graduate Prep teacher Caroline Bett working with student Alex.

RIGHT: Three happy Preppies – Alessia, Evelyn and Lincoln – on their first day.





Year 7 Food Technology students show Peter Riordan what's on the menu for lunch.



Year 10 Italian class with Ms Bartolameazzi.

Campus merger and new plans see Simonds surge

Peter Riordan

Simonds Catholic College has had a major makeover. Our enrolment has doubled and our physical layout is very different.

The increase in student numbers reflects the dramatic decision to merge our two campuses into one. Until this year, our junior campus, St Mary's, in Victoria Street, West

Melbourne, catered for around 220 boys in Years 7-9, while another 200 senior students in Years 10-12 were based at St Brigid's in Fitzroy.

All 420 students and 60 staff are now together at Victoria Street.

When school returned in February, our first assembly was in the beautiful parish church of St Mary Star of the Sea. It was thrilling to see a virtual sea of fresh faces eager to meet the challenges of the year ahead.
The boys themselves have e

The boys themselves have embraced the merging of the two campuses. "I love it here, back in West Melbourne. I have great memories of my early years here," Nick Budiman, Year 11, said.

Our youngest students, our most recent arrivals, are thrilled to be part of the newly merged secondary school. "It's good having the big kids here. I bet we'll have some great sports teams," William Athian, Year 7, said.

The need to cater for increased numbers has seen our St Mary's campus undergo a physical revolution. The recent \$9.5 million acquisition of a building in nearby Chetwynd Street will mean an end to more than a decade of logistical challenges on a relatively small site and will allow us to develop a STEM Centre and science rooms.

As well as this new facility, we have a brand-new Year 12 study centre. We are also continuing with a major refurbishment of several of the existing buildings to give students and staff exciting state-of-the art-facilities for humanities and languages.

"These new facilities will be wonderful for language teaching," Italian teacher Marina Bartolameazzi said.

At Simonds, one of very few inner-

city schools, we pride ourselves on our ability to offer teaching strategies that cater to boys' specific learning needs. We foster a multicultural environment and we enrol students of all faiths from all over Melbourne.

Students' parents have been involved in all our planning. "I'm delighted with what I've seen of the developments thus far," Alex

Houghton, father of Year 7 student Xavian, said.

At Simonds, our vision is simple: to develop confident, well-rounded young men who have hope for their future. We're ready for the school year. Bring it on!

Peter Riordan is principal of Simonds College.



Life in the library goes on amid the building works.



The major refurbishment has begun across multiple buildings.



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Playtime abounds in colour and laughter

Lizzy Footner

Soft Play, a weekly playgroup for preschool children, popped up at the West Melbourne Baptist Church & Community Centre just over three years ago.

This program fits in seamlessly with the three existing Playgroups on Wednesday, Thursday and Friday (10 am–11.30 am) and a new program, Kangatraining, on Monday (9:15 am–10:15 am).

The recent baby explosion in North and West Melbourne (I suspect those COVID lockdowns were to blame) has highlighted the need for plenty of options for young families in the area.

Lyn Pound, the community centre manager, is thrilled that the venture is catching on. "Soft Play is based around one hour of free, unstructured play by children and their parents or carers, in a safe and clean setting," she says.

The kids love the bright playthings that are perfectly suited to their developmental stage. "Our Soft Play equipment is colourful and light for children to move around. It comes in many different shapes, textures and sizes such as circles, squares and cylinders," Lyn says.

"It's wonderful to see two- and threeyear-olds lifting and moving building blocks with ease. You can see the growing confidence on their faces. Watching children build a high tower and then knock it over, you see their immediate delight and empowerment," Lyn says.

She knows that even as toddlers are

immersed in their own lives, they are also learning valuable skills. "Soft Play encourages social interaction. Often one child will start to build a structure and others will soon join in. They learn to wait their turn, collaborate and share the equipment."

Soft Play allows the littlies to choose what to do. They may opt to crawl through a cylinder or allow their parents to slowly roll them while still in the tunnel as they shriek with laughter.

"They may choose to build a playhouse in which they can hide, knock down a tower with a ball or balance on blocks. These choices develop decision-making and nurture creativity," Lyn smiles.

She says the mums and dads or carers often see the sessions as a special outing with their babies and pre-schoolers. "It's a chance to have fun together in a space and on equipment that few have in their homes and apartments."

Lyn says Sort Play offers another benefit for parents. "It's an 'exercise in disguise' and after an hour of active fun, the kids are usually exhausted and will go home and sleep like a baby."

Lizzy Footner writes regularly for the News.

Want to know more?

Soft Play is held on Tuesdays (9 am to 5 pm), at the West Melbourne Baptist Church & Community Centre, 4 Miller Street (opposite the Miami Hotel, adjacent to the little park and through the red brick arch). Contact Lyn Pound for details: lyn.pound@wmbc.org.au.



West Melbourne Baptist Church & Community Centre ready for playtime for the littlies – and the adults.



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Our community is growing! We need people to do a local newspaper round four times a year.

CONTACT US:

rashij@centre.org.au (03) 9328 1126



 ${\it Dismantling the main boom of the tower crane on the Don Kyatt site.}$

Crane your neck or you'll miss it

Anthony McKee

Residents in West Melbourne will be digging out the alarm clocks again following the removal of the tower crane on the old Don Kyatt building site.

The crane, owned by Crema Constructions, was erected in November 2021 at the beginning of works on the new apartments dubbed The Briscoe, and it soon became notorious for its noisy diesel engine.

The crane's 15-litre Cummins diesel engine, which was capable of lifting up to 50 tonnes, was starting at 7.00am every weekday and Saturday, and its low, loud rumbling was pervasive enough to be noticed by most West Melbourne residents throughout the day.

Hawke and Ireland streets were partially closed off during the first weekend of February as another 400-tonne crane was brought in to remove the tower

Crema Constructions hope to have works on the 172-apartment complex completed by May.

Anthony McKee is a West Melbourne resident.

Get involved through The Centre

Looking for a volunteer opportunity? The Centre has lots of them, from office administration to event management. Or we can point you towards other organisations that also rely on volunteers.

If you are interested, email admin@centre.org.au

the centre connecting community in north & west melbourne inc.

Mary Puppins loved by all

Zelda Balsamo

When young Mary Puppins, an American bulldog, arrived at Lort Smith Animal Hospital, she was terrified of other dogs and people.

Amanda Doolan, head of Lort Smith's Adoption Centre in Campbellfield, said she would cower under the desk in fear.

Slowly, with gentle encouragement from Lort Smith's staff, foster carers and behavioural specialists, Mary began to come out of her shell. Before long, she had become a staff favourite.

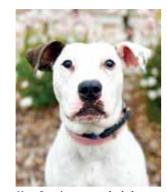
"Because we are a small shelter, our expert animal welfare officers were able to give her the love and care she needed and we watched her bloom," Amanda said.

Just as life seemed to be looking up for Mary, she got sick.

She was taken to Lort Smith's North Melbourne animal hospital where an X-ray revealed an obstruction in her intestines, requiring surgery.

Mary Puppins walked into the operating theatre, rather sad and lethargic, but she still with stable heart rate and temperature.

The surgery revealed a very different story. Veterinary



Mary Puppins can now look the world in the eye.

surgeon Dr Paula Vance found Mary's insides were incredibly unhealthy, distended and a chalky grey colour.

Most worrying, there was no sign of the normal movement of food through a healthy body. Mary's organs weren't dead, but she was in grave danger of peritonitis, a potentially fatal abdominal infection.

Even after the obstruction was removed, Mary was not out of the woods. Dr Paula was concerned about the danger of sepsis and aspiration pneumonia.

The staff put Mary under close surveillance and monitored her with equipment that would alert them to any post-operative problems.

Happily, Mary Puppins made a full recovery. Today, she is a picture of good health, and adored by the staff and volunteers who care for her. Veterinary nurse Cynthia

Farrugia cared for Mary in recovery and fell in love with

"We became inseparable. She learnt to trust me completely and opened up so much to me," Cynthia said. "She's still a fearful girl, but if you go super slow she is so fine."

Mary Puppins is now available for adoption at the Lort Smith Adoption Centre in Campbellfield along with other sweet pups waiting for a home.

There are so many ways for each of us to help the animals we love – either adopting a pet, fostering a shelter animal, or donating to animal welfare organisations like Lort Smith that provide care and nurture to animals in need.

Zelda Balsamo is copywriter at Lort Smith.

Want to know more?

You can support animals like Mary Puppins by visiting lortsmith.com, and clicking on the donate heart at the top. Or simply call 03 9287 6419.



A cheerful Mary Puppins with a new mate Chloe, a West Highland White Terrier.

Claim your \$250 Power Saving Bonus

The Power Saving Bonus is a \$250 payment for Victorian households to help ease cost-of-living pressures. The payment is available to all Victorian households. If your household has not claimed the bonus since July 2022, you have until 23 March

2023 to access the current offer. North Melbourne has one of the slowest uptakes in the state, so don't leave it too late.

A new round begins on 24 March, with every household eligible.

The Centre is authorised to help you claim your bonus.

Call 9328 1126 to make an appointment, or drop in to 58 Errol St. By claiming your Power Saving Bonus through The Centre, you'll also be helping your neighbourhood house.

The Power Saving Bonus can

also be claimed at: compare.energy.vic.gov.au



unga The Magnificent Wonder Dog, my much-loved assistance dog, is gone. His demise was linked to excessive panting, an unfortunate indicator of a dog in pain. In late December I had to take him to the Lort Smith Animal

The panting had started several months earlier. I don't want to say that I had ignored it and I had certainly done my best to stop it from getting worse.

Nothing is the same without my Nunga. People tell me that I allowed him to have a long and great life, but that does not matter. I just want him back again. The quilt of killing him is enormous.

I refuse to use that 'euthanasia' word. It is simply the kind word for killing, and kind is not at all what I feel about killing the one furry man who loved me forever since we met.

Without my Nunga there is no need to rush out of bed. Without my Nunga there is no reason to go outside. Without my Lover Man there is no one to eat even the most horrendous mistakes I make while cooking. He absolutely loved everything I cooked.

VERY IMPRESSIVE

Without my Wonder Dog my feet have no-one to bother and stroke when I'm unable to sleep in our hideously hot weather. For 10 years, my Nunga and I were connected when sleeping, even when he annoyingly used to put his full weight on me and his head would rest on my leg.

Without my Nunga there is no need to put clothes on as I'm not going to be heading anywhere where clothes are needed. Without my Nunga there is no need to open the fridge as I'm not hungry nor do I have a hungry lover.

Without my Nunga there are no reasons to smile. Without my loving man, people will see me out and about, but that is only because I am seeking distraction. I now find sleeping to be more difficult than I have ever imagined it to be.

Without my Nunga it seems unlikely I will ever be happy again. Without my Nunga it seems like a dream that will

end and I will wake up with his love and affection beside me again.

Many years ago, before I met Nunga and before I was first on the scene at the 2013 Swanston Street wall collapse that involved three fatalities, I spoke at a suicide-prevention rally on the front steps of the Victorian Parliament building.

I ended that speech with the saying that things will get better. But now I am wondering when, or if, that is going to happen. Maybe it's only a myth that someone told me once and which I somehow foolishly thought was true.

Without my great and wondrous Nunga, there is so much I can no longer see myself doing, places I will no longer feel comfortable going.

Life will never be the same.

Very Impressive shares his views on life in each issue of the News.



Very Impressive and the even more impressive, Nunga the Wonder Dog.

North's 1965 dreams of heading north soon went south

orth Melbourne joined the VFL (now AFL) in 1925 and for 40 years played home games at our unpretentious Arden Street oval.

Early in the 1960s there was much rumbling and grumbling at the club. We were enjoying little on-field success and because we didn't manage our own ground we were endlessly at war with Melbourne City Council.

In that era, VFL teams began leaving their traditional suburban grounds. In 1965 the Saints exited the historic Junction Oval and headed to Moorabbin, while the Tigers left their Punt Road lair and crossed Yarra Park to the MCG.

It was a footy era of dramatic change.
The VFL had bought land at Mulgrave,
which in 1970 became its showpiece,
Waverley Park (the infamous 'Arctic Park').
Meanwhile, North, influenced by my
father, Phonse, its VFL delegate, planned
to lease land in Broadmeadows as our

TOBIN'S TALESGavan Tobin

new home. It never happened.

In 1965, the Kangaroos left Arden Street and played home games at Coburg. It was a disaster from the start as Coburg locals were largely Carlton fans or staunch Bombers.

I drove out to Coburg with Dad to inspect our new home, which it was hoped would be the salvation for the perennially unsuccessful Kangaroos.

Our visit wasn't promising. The surface was uneven, the grass patchy, there was only one grandstand and the facilities were as primitive as those at Arden Street. Even then I suspected it wouldn't end well.

Worse followed in round one when

we hosted fellow cellar-dweller South Melbourne. After heavy rain the night before, the oval hadn't drained and became a gluepot. In front of a meagre crowd, North racked up 12 behinds before we kicked a goal, eventually losing by 10 points.

North's Coburg venture was a spectacular failure, literally a one-year wonder. The planned new grandstand was never built and the intended 40-year lease was watered down to a seven-year contract. At the end of the season North returned to our spiritual home at Arden Street.

North's one year at Coburg provided my sole moment of football glory when

I proudly wore the club's royal blue and white. It was there that I played my one and only game for North's Under 19s, known then as the thirds. The club must have been desperate for players on that round nine Queen's Birthday public holiday, which led to me getting a phone call at home on Monday morning. I was playing!

By the time I got to Coburg, the match was into the second quarter and I sat forlornly on the bench as 20th man, a designated replacement in those preinterchange days.

I got a run late in the game – for just five minutes – and never touched the ball as Hawthorn beat us by seven goals. I wasn't asked back and my football career was over. For North and me both, that miserable

Gavan Tobin writes regularly about his memories of North Melbourne long ago.

1965 season is best forgotten.

Be wary of dodgy emails and look out for crooks

visited my local North Melbourne bike shop recently to get my bike serviced and say hello to Alice who owns the shop. Alice told me she was concerned about being targeted by cybercriminals because she had been reading that phishing attacks are becoming more sophisticated and wanted to know what she could do to protect herself and her business. Alice was right. Phishing attacks are

becoming more sophisticated due to some clever tools that have become freely available on the internet, and which cyber criminals have started using.

One of those tools is an Artificial Intelligence (AI) powered chatbot called ChatGPT, which draws on the vast amount of data it collects and some clever programming to be able to interact with its users just like a human would.

For example, one could ask ChatGPT to

write an article for a local newspaper on

SAFETY IN CYBERSPACE Nebojsa Pajkic

do a fairly reasonable job, albeit not as good as an actual human writer (I hope)!

However, just like any other new technology, it can potentially also be used for nefarious purposes.

Cyber criminals from non-English speaking backgrounds are leveraging ChatGPT and similar technology to write convincing phishing emails and fool their victims into thinking they are legitimate.

These emails are designed to make their victims click links and unknowingly install viruses or malicious software (malware) on the victim's devices, or steal legitimate login details via fake websites.

Alice told me that online advice she had read suggested checking emails for spelling and grammatical mistakes. While this is a good indicator that the email may not be legitimate, it's not enough to rely solely on this technique.

Other strategies that Alice could use include being suspicious of senders asking for sensitive information or making urgent requests; avoiding clicking on any attachments especially from unknown senders; checking the sender's email address to ensure there are no spelling mistakes, and limiting the amount of personal information she publishes online.

Another useful way to reassure herself if the sender is legitimate would be to contact the organisation via a separate and trusted communication channel.

Most organisations can be contacted via phone, social media, or directly from their website so it's easy to verify the legitimacy of an email if it does not sound right.

Alice appreciated the advice and also mentioned that she was planning on installing antivirus software on all her devices as an additional security measure – a great idea!

For examples of phishing emails and guidance on how to avoid them, visit security.berkeley.edu/resources/phish-tank

If you have a cybersecurity question, email nebojs4@gmail.com and you may be featured in a future issue.

Nebojsa Pajkic is a local resident and an information security professional. He shares his cybersecurity knowledge in the News.



The table encircles a productive garden of native and introduced plants intended to be eaten. Plant species have been selected for their appearance, scent and taste.

Visitors are welcome to pick, smell and taste the plants, but are asked to think of others when they do so.

The idea for the project came about during the dark winters of Melbourne's lockdowns and was borne of a deep nostalgia and longing for the social.

Burke

Katter

Wyatt

Neuman

Flint

The RoundTable is a collaboration between architecture practice Common and landscape architects Enlocus and is supported through the Melbourne City Revitalisation Fund – a partnership of the Victorian Government and the City of Melbourne.

Burns

Gee

Kelly

Owens

KRYPTIC KWIZ Maurice Gaul

See page 23 for the answers.

Maurice Gaul is editor of the News.

Butler

Laming

Payne

Goodenough

Here are 40 of the politicians elected to the House of Representatives in 2019 or 2022.

Alexander	Allen	Andrews	Archer	Bell
Clare	Collins	Dreyfus	Drum	Elliott
Gosling	Hammond	Howarth	Irons	Joyce
Leigh	Marino	McIntosh	Mitchell	Morrison
Ramsey	Sharkie	Shorten	Snowdon Steggall	Thwaites

Can you link the names to these clues? (They're either cryptic, obscure or simply silly.)

- 1 I'm OK on the trigger at the OK Corral
- I'm Larry's mate, gone with the wind
- I'm adequate, I'm satisfactory, I'll do I'm a Cup winner who said "get stuffed"
- I'm Great when in service out on court
- I'm the Lord once wed to Princess Meg I'm Robert who later sang as plain Bob
- I'm beaten to signal a start of hostilities I'm losing 's' as Great War's great poet
- 10 I'm a zodiac shooter who's no party gir
- 11 I'm the busiest snow street up on Buller
- 12 I'm sounding like the Brontes' village
- 13 I'm a famous Neighbour on the street
- 14 I'm bread my Mumma's 'lil baby loves

- 15 I'm first half of Dame Edna's tasty treat
- **16** I'm Mad's lad asking 'What, me worry?'
- 17 I'm losing an 'l', writing books as a man
- 18 I'm the Mad Hatter from Banana Land
- 19 I'm Ron's jerry-built wooden talking doll
- 20 I'm a French affair, a non-sexy scandal
- 21 I'm a campy pianist who calls Oz home
- 22 I'm a young artist, Dublin's wordsmith
- 23 I'm a Scot kept to mind at Hogmanay
- 24 I'm a dull dozer in an unhinged cabine
- 25 I'm tartan-coated and Happy in the '60s 26 I'm an iron-clad fighter in a burning pub
- 27 I'm Nials serving Max with Nanny Fran

Zimmerman

- 28 I'm growing up to be a complete goose 29 I'm a girl found in a west Ireland county
- 30 I'm packed by cowboys who shoot up
- 31 I'm skiing down politics' slippery slope
- 32 I'm nasty Noah, avoid me at the beach
- 33 I'm a word collector and an Oxford rival
- 34 I'm cocky, talkative and hold army rank
- **35** I'm governess Maria, Trapped in music 36 I'm a saint, totally wrapped up by Italy
- 37 I'm the earliest phone caller on the line
- 38 I'm finding a stone as Fred and Wilma 39 I'm a cutie-pie former deputy premier
- 40 I'm a good match to wear with Wellies

FROM THE ARCHIVES Michelle Brett

The North Melbourne Advertiser was distributed in the area from 1873 to 1894. Some of the most intriguing articles involved the criminal cases heard in the North Melbourne Court. Here are some of the stories that ran in March in the 1880s.

Bridget should have kept watch on her watches (1882)

John Severs, a cabman, was charged with larceny. Bridget Donovan had left a box of watches on the street, then returned to find it gone. After witnesses said Severs had taken it, he showed police where he had buried it in his yard. The bench discharged him after he made a donation to the poor box.

Joe in strife for bringing home the bacon (1882)

Joseph Moran, alias Stephen Keano, was charged with stealing a side of bacon. However, the accused was able to prove that he was already locked up in the Ballarat cells on a charge of public drunkenness at the time of the alleged theft. The prosecution withdrew the charge against Moran and he was discharged.

Two ladies out of luck for nicking a duck (1883)

Two young women, Sarah O'Halloran and Agnes Fairweather, were charged with stealing a duck. The court heard they had removed the duck from a neighbour's yard and carried it away in a bag. The court found them guilty and each was fined 20 shillings or, in default, one month in the local cells.

Lads get a court grilling then fined 10 shillings (1883)

Edward Jones and brothers Earnest and Bernard Arnold, all about 10 years, were charged with stealing a watch. James Russell had hung his waistcoat, containing the watch, on a fence while he worked. The two young Arnolds then pawned it. With all three offenders' parents in court, the lads were fined 10 shillings.

No ifs or buts, as Joe throws out the guts (1884)

Joseph Henningham, an Errol Street butcher, was summonsed for causing a nuisance at the rear of his premises. The court heard that he had been throwing water containing offensive matter into the rear right of way. The bench frowned on this behaviour and imposed a penalty of £5, with 20 shillings in costs.

Wright unable to find the right way home (1884)

George Wright pleaded not guilty to being drunk and disorderly in Leveson Street. He claimed he had just lost his way and was trying to determine which street he was on. At that very moment the constable had found him slumped on a doorstep. The bench was unconvinced and gave him two days in the cells.

Michelle Brett writes regularly for the News.

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WITHOUT A TRAVEL AGENT YOU'RE ON YOUR OWN!

Rotary runs Ukraine raffle as some visit India

Neville Page

North Melbourne Rotary Club is thrilled to have received an award from Rotary International acknowledging that, on a per capita basis, we have made the biggest financial contribution to the Rotary Foundation of any club in Victoria during the last year.

The District Foundation chair visited our club in February to present the award, which included a small banner.

The main source of the funds we have raised was the amazing concert we held last May at the Melbourne Town Hall to raise money for displaced Ukrainians.

Apart from the \$10,000 we contributed to the Rotary Foundation special fund for Ukraine, we also sent more than \$25,000 in additional funds from the concert directly to a Rotary club in Poland that we work with and which is distributing the aid on the ground.

Though we are now well into a new year, we are still raising further funds for this cause and we hope *News* readers will assist us by buying tickets for a raffle we are running, to be drawn on 16 April. There are

Prizes:
First prize \$15,000 gift card.
Second prize \$2000 gift card.
For orders please get in touch with RC of NM Ted Dziadkiewicz

m: 0408106719 email: tedd@contourstravel.com.au or Association of Ukrainians in Victoria communications@auv.org.au

Prizes:
First prize \$2000 gift card.
Second prize \$2000 gift card.
For orders please get in touch with RC of NM Ted Dziadkiewicz

m: 0408106719 email: tedd@contourstravel.com.au or Association of Ukrainians in Victoria community, whilst also raising funds for their own Club.

By offering a \$5.00 return per raffe ticket sold back to the Clubs. The raffe tickets are \$20 each, a book holds 20 tickets, each book sold will raise \$400, with Clubs to receive \$100 back*

Raffle for fundraising effort to support Ukraine.

\$20,000 worth of prizes to be won in the form of universal gift cards that can be very widely used.

Around New Year, a number of club members travelled to Tiruchirappalli in Tamil Nadu in

India to support our treasurer, Manjula Pragasam, whose daughter, Laxana, was married there. We are a close club, and it was great to see so many of our members make the long trip to the south of India.



Rotarians at wedding in India of club member Laxana Pragasam (fourth from left).

Our 21 North Melbourne Rotary members are very friendly and welcoming, so if you are interested in attending one of our fortnightly meetings, please contact past president Neville Page. We meet at the Mercure Hotel, corner of Flemington Road and Harker Street, North Melbourne.

Lastly, North Melbourne

residents should be prepared for plenty of visitors coming through to look at our town at the end of May/early June when the world International Rotary Convention is in Melbourne and we are expecting about 30,000 Rotarians attending from all over the world.

Neville Page is past president of North Melbourne Rotary.

Want to know more?

To buy raffle tickets to support Ukraine, contact Rotary member Ted Dziadkiewicz on 0408 106719, email: tedd@contourstravel.com.au To join our club or to find out about our fortnightly meetings at the Mercure Hotel, contact past president Neville Page on

HOTHAM MISSION HOMEWORK CLUB LEARNING SUPPORT COST: FOR ALL NORTH FREE \$ PRIMARY MELBOURNE HEALTHY STUDENTS COMMUNITY **SNACKS** CENTRE PROVIDED 3:30-5PM Year 1-2: Fridays Year 3-6: Mondays At North Melbourne Community Centre, 49-53 Buncle St, North Melbourne **CONTACT:** programs@hothammission.org.au or call (03) 9326 8245 **HOTHAM** MISSION

iDinner (Bill Hannan)

we were four in solid form and several more ethereal seated already at our table to share food and some charm

I had of course worked out a menu for the occasion antipasto mains and so on plus topics to converse about

I wondered whether to allocate a topic to each course but we suddenly arrived at hors d'oeuvre and I had to improvise in haste

the imminent collapse of capitalism looked like a pretty good start to go with the mozzarella torte and the delicately spiced thighs of I broached this conversation theme by asking what the world will do once capitalism is forced to go and socialism's no longer a dream

and as Lorna and I cast about for facts

our guests worked their gadgets one dabbing with the middle digit and performing the two thumbs act

I like to serve salads or vegies before the meat or the fish so the guests had to fit in their texts between eating from multiple dishes we must have started on a new subject

0414673611, email

page@ghp.biz

I'm afraid I forget what it was so dazzled was I by these whizzes at using both thumbs for a text

the cheese likewise set up a need to juggle phonework with food I remarked the thumbled brie was good

and distractedly they agreed

in short it seems there was no way to meet our virtual diners who were I guess at other dinners enticing other virtuals to play

Bill Hannan is a long-time local resident and a legendary figure in Victorian state education. *iDinner* is one of 50 of his poems in *Bill, a Collection of Writings*, edited by David McRae.



Summer's bountiful harvest

n our North Melbourne backyard garden, growth continued apace over our summer of hot days and wet,

Self-sown Queen Anne's lace, tobacco plants and stately Verbascum appear where they choose, and kept blooming for weeks. A succession of various colourful flowers - including daisies, liliums, hydrangeas, salvias (in blues and reds), roses, dahlias and hops – provided enough blooms to adorn the garden, fill a weekly vase and make countless posies.

The vegetable crops I'd sown or planted in the spring ripened fast - tomatoes, lettuces, beans, sweet corn, as well as lots of basil and other herbs in the ground and in pots conveniently placed outside our kitchen door.

The grapes are ripening and I'm still gathering maturing Seville oranges and making more delicious marmalade for gifts and for the

GARDEN GLORIES Marion Poynter

church stall. The peaches were delicious and our sour Morello cherries made a luscious tart.

Never-ending garden maintenance tasks - including weeding, feeding, pruning and watering - were







Early summer roses, Morello cherries ripening under a protective net and summer flower posy.

interrupted from time to time by unexpected dramas. One day our bees swarmed from their hive and settled on a neighbour's verandah (from where our beekeeper rescued

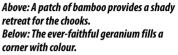




On another, a huge branch broke off the overgrown bottlebrush tree landing in the parking area of neighbouring flats (Jim's Trees was called in). Then the hens needed treatment for lice.

Meanwhile, I'm flat out working with a local firm (Australian Scholarly Publishing) to get my garden memoir – In My Own Backyard: The Bountiful Harvest of an Inner City Garden published, hopefully before Mother's

Marion Poynter is a North Melbourne local – and a very keen gardener.







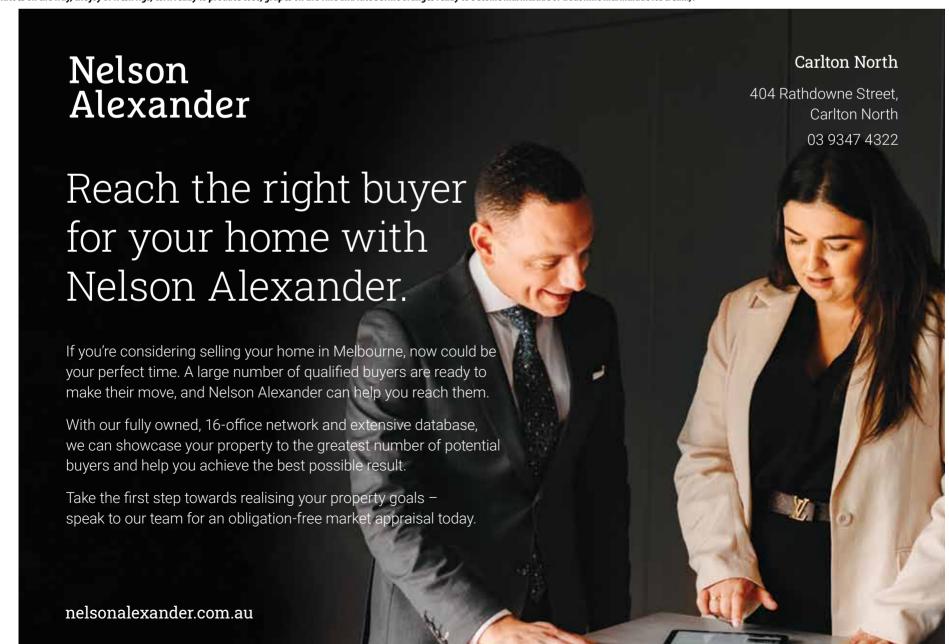








Tomatoes on the way, the joy of fresh figs, corn ready to produce cobs, grapes on the vine and late Seville oranges ready to become marmalade or a sublime marmalade ice cream).





SATURDAY • 25 · MARCH • 2023 NORTH MELBOURNE



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connecting community in north & west melbourne inc.

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Graphic Designer

PROGRAM

Leveson St. Stage

Pio Pio Pio · 11:00am

Latin folk music for kids

Pio Pio Pio is the sound chickens make in Spanish. Drawing on the fantastically vibrant and soulful rhythms, instruments and folk songs of Latin America, Pio Pio Pio invites little ones (and adults) to have fun and learn

Opiopiopiomusic

Mexbourne · 11:45am

Mexican dance

Mexican folkloric dance reflects the country's Indigenous, African and European history – an intoxicating mix. www.mexvic.org.au

Makisuna · 12:10pm

Traditional South America band

Discover the authentic music made with a group of styles of instruments from the Andes region in South America.

The Chilli Game · 12:45pm

Try different spicy flavours! Join in this extreme eating experience and win some HOT prizes!

A comer! Food Demonstration with Venezuelan chef Aleiandra Utrera \cdot 1:00pm

Do you want top learn how to make Arepas? Join our food demonstration with "The Arepa Queen" Alejandra Utrera. This Venezuelan chef is well known as a contestant on Plate of Origin Channel 7.

"Elena y Gustavo" Puppetry Tango Dance · 1:35pm

There have been many great duets over time. But none quite like "Elena and Gustavo". Elena is a maestro performer in tango dance. And Gustavo, her dancing partner, is, well, a life-sized puppet. Together they form one of the most intriguing dance couples you may ever witness in your life. It's tango dance puppetry at its best. www.elena-canta-tango.com/

The Mexican Music Man · 1:50pm

Andale! Arriba Arriba! Alejandro the famous "Mexican Music Man" will share some iconic Mexican music tunes for the whole family. www.mexicanmusicman.com.au

Piñata! · 2:25pm

Let's have a smashing time at the Spanish Language Fiesta with our colourful piñata!

David Smile · 2:45pm

Afro Latin Vibes!

Irresistible movement. Experience the shared vibes between Reggaeton, Afro-Fusion, Dancehall and Salsa. @David.Smile.Dance

Flamenco Fiesta · 3:20pm

Ole! Flamenco Show

Experience the passion and drama of Spain's most famous art form with a live flamenco show with Flamenco Fiesta. www.lavidadanceschool.com.au

Lorca Show -4:00pm

Bete Noire plays the musical words of Spain's most famous poet Federico García Lorca.

Mosaik Experience - 4:30pm

Candombe Uruguayan Carnaval!

Candombe is a raucous explosion of Uruguayan culture, art and music. Channeling the energy of African slaves who were brought to Uruguay during colonial times, Candombe uses drums, dance and costume in a celebration of Carnaval.



North Melbourne Library

Storytelling in Spanish · 11:00am

Specially for the kids, this session is more than simply listening to stories. There is dancing and singing too - all in Spanish! @purposebooks

Poetry in Spanish · 12:00pm

Come and hear original poetry in Spanish, read by poets, storytellers and writers of all persuasions with A Voz Limpia. www.avozlimpia.com

Spanish Class for kids · 2:30pm

Learn Spanish using a fun and easy play-based approach, sure to spark a keen interest in learning a foreign language. For toddlers and their parents. www.laventanaspanishschool.com

North Melbourne Library - Hotham Room

Spanish Class for Adults · 11:30pm

Hola! Join Katherine Taborda in this fun and interactive workshop. Perfect for beginners.

http://www.centre.org.au/

Around the Block

Walking group en Español · 10:00am

Out first tour En Espanol! Visit those pockets not on your radar or learn about the hidden history of those places you walk past every day in North & West Melbourne.

Silent Disco

12:00pm-12:30pm · 1:00pm - 1:30pm · 2:00pm - 2:30pm

Let loose at a super joyful silent disco tour with Mucho Micho. Featuring your favourite Hispanic tracks and dance moves, this roving silent disco is sure to make you smile.

ALL DAY FIESTA!

Food Stalls:

A variety of food stalls, providing the best taste of Latin cuisine in Melbourne.

Markets:

Stop and enjoy the authentic merchandise from Hispanic vendors. Do not forget to take a souvenir with you from the Spanish Language Fiesta!

Art and Craft:

Get closer to traditional characters and elements from Latin America and Spain and visit this stall to create your own Piñata!

DJ Guaro:

Dance like nobody is watching with some old and new tunes from South America and Spain.

See page 23 for details on road closures

























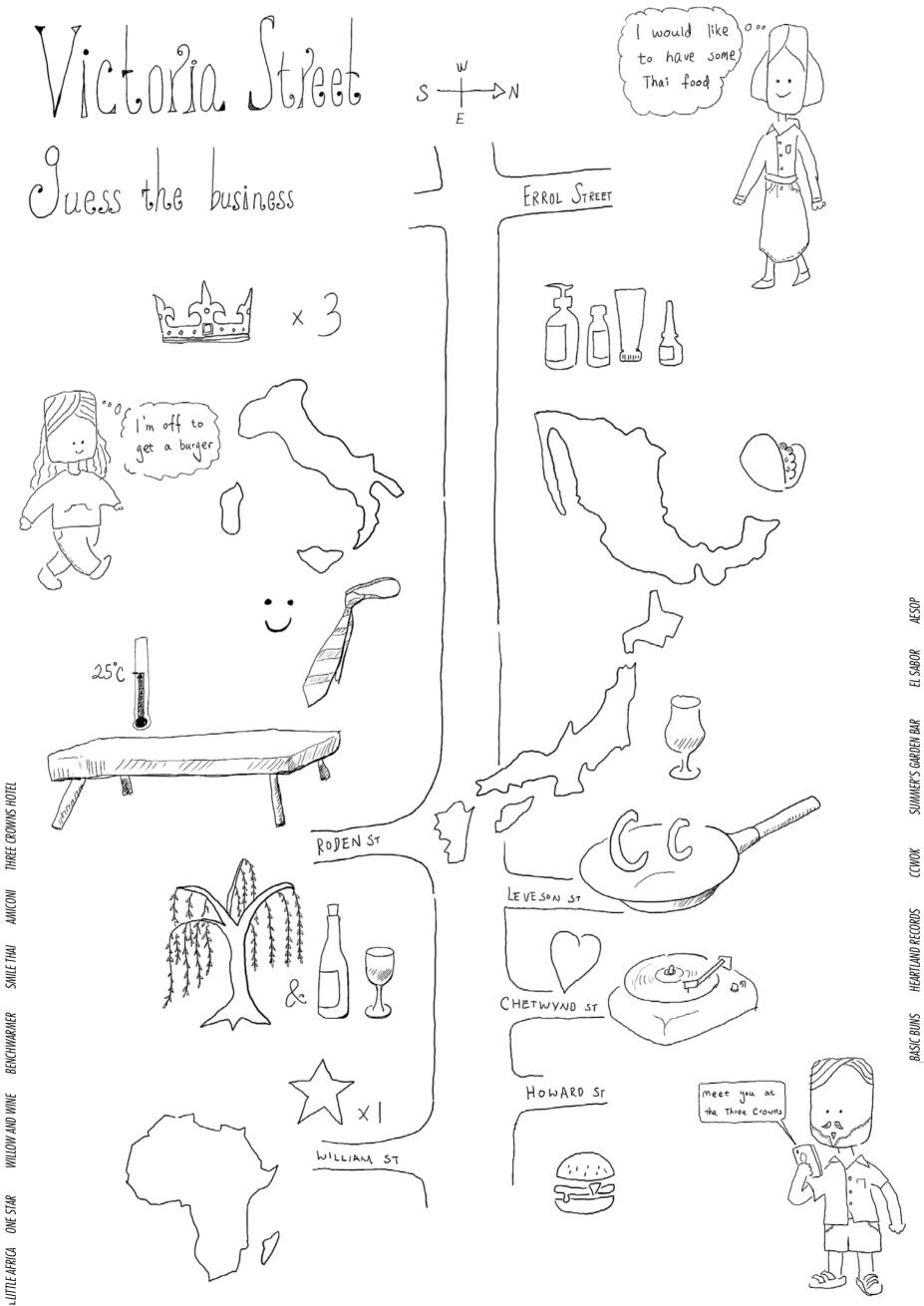








Illustrator Ed Zhao cisites some of Victoria Street's businesses



Dudley Street's changing face

West Melbourne's Dudley Street runs east-west starting at Peel Street beside the Queen Victoria Market

Its name springs from the earls of Dudley, members of England's Ward family that held Dudley Castle in the West Midlands in the 19th century. The Wards also inspired the naming of Dudley Street in London's Paddington, located near railway and docks just like our Dudley Street and its Sydney namesake.

Melbourne's 1895 MMBW map shows Dudley Street ended beside Railway Canal, known today as Moonee Ponds Creek, under today's Bolte Bridge, beside Barassi Park.

The 1850s-built form of Dudley Street began like many early Melbourne residential streets, with several grand estates, many timber, stone and brick Victorian family homes and later industrial buildings.

Peter Mitchell was, in 1852, the first to register an intention to build a family home there. *The Argus* reported the first local birth was John and Eliza Morris' daughter, Kate Soanes Morris, at Kentish House in 1856.

Dudley Street was gazetted by Governor Sir Henry Barkly KCB in 1860, seven years after four architecturally designed brick

RIGHT UP OUR STREET Stephen Hatcher

dwellings first appeared there.

The 1930s' Depression era saw Dudley Street's western end referred to as Dudley Flats. People created improvised accommodation in ramshackle shacks made from discarded building waste materials.

This infamous shanty town became home to Melbourne's homeless and unemployed, including Elsie Williams of Fisk Jubilee Singers' fame.

Other noted Dudley Street natives include Victorian Premier Sir William McPherson and the legendary General Sir John Monash.

In 1895, Dudley Street had 54 magnificent Victorian-era terrace homes, 13 huge double-fronted residences, six grand freestanding estates, a police station, a hotel, a school, the Flagstaff Gardens, a bowling club, a steel mill and West Melbourne shipping dock.

Today, only 12 of the original Victorian terrace homes remain. All other desirable heritage dwellings

have been razed, with the addition of 10 blocks of 1166 flats – and counting.

The 'sanitisation' of low-rise heritage architecture is rife today with the loss of the old unique buildings and amenity

Long-term locals who have lived in the area for generations don't want their suburb transformed into a highrise version of Docklands.

Little if any heritage-led regeneration of Dudley Street's old architecture can be seen, compared to the restoration trend in the street's namesake in Sydney's Paddington.

Let's save our remaining architectural heritage for future generations.

Stephen Hatcher writes regularly for the News about local street names.

Want to know more?

Learn more about Dudley Street at www.melbournestreets.com.au/dudley-street/



Bike thief Sweeney rides in Salom's creative cycle

Georgie Preston

Internationally recognised poet and author Phil Salom lives in North Melbourne with wife Meredith and three cats.

There's newbie Toto, marmaladecoloured Squiz, and Dermot, named after Irish poet Dermot Healy and his distinctive straggly white whiskers.

Phil's rich collection of work, spanning more than six decades, includes 14 published collections of poetry and six novels.

His latest book, Sweeney and the Bicycles, follows a man who steals – yes, you guessed it! – bicycles. Sweeney is a creative larrikin, who paints his face in distracting patterns to confound the algorithms of any pesky CCTVs that threaten to limit his nefarious activities.

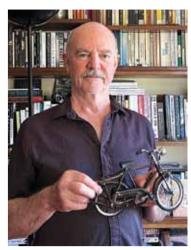
While Sweeney might seek a degree of public invisibility, the inner Sweeney yearns to be seen. We learn that he is in the process of eye movement desensitisation and reprocessing therapy, more comfortably initialised as EMDR, a mental health treatment technique that enables him to confront his troubled past.

The character of Sweeney, inspired by one of Phil's students, had previously appeared in his Miles Franklin short-listed novel, *Waiting*. Local readers will be intrigued to learn that Sweeney, like many of the characters in Phil's creative opus, was inspired by a colourful North Melbourne identity.

Phil's eyes light up as he explains how colourful locals inspire the oddballs in his writing. "The character who became the Sherriff in *Bicycles* lives nearby, just a few blocks away, in a boarding house. He was also my favourite character in *Waiting*. An old knockabout, an old thug with a heart of gold. I once saw him punch a couple of blokes because he didn't want them to come into the building."

Metaphoric and comparative parallels run through Phil's work.
"I think because I began as a poet, I tend to think of things as having connections to each other. Poetry is seductive, addictive, strange. It's never clear, never a case of two and two makes four," he says.

While always wanting to write



A bicycle thief stars in Phil Salom's latest novel.

novels, Phil says he found early on that he was "pretty good at writing poetry". This is an understatement. His first book of poems, *The Silent Piano*, published in 1980, won the Commonwealth Poetry Prize for best first book. His third book, *Sky Poems*, won the British Airways Commonwealth Poetry Prize in London for the overall best book of poetry in the Commonwealth.

In 1991, Phil made the transition from poetry to fiction. He borrows from an ancient Greek saying to explain a pet theory. "People can be foxes or hedgehogs. Foxes know a lot of smaller things, where the hedgehog knows just one big thing."

He sees the saying as a metaphor for the challenging and risky nature of embarking on writing fiction after a poetry background. "I must modify myself into the hedgehog," he says.

North Melbourne and neighbouring Parkville both feature heavily in Phil's writing, but he says that, as with Sweeney and the Sheriff, it's the characters that are always first and foremost.

"I like odd characters, those who are disadvantaged, characters who don't fit in, are misfits, are outlaws, who do things that middle-class people don't do."

However, Phil says his current project will have an entirely new cast of characters and is set elsewhere.

"I've written about North Melbourne enough now. It features in three of my novels."

Georgie Preston writes regularly for the News.



General Practitioners (Male and Female)
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For more info: www.marktheevangelist.unitingchurch.org.au



Hotham Mission has long served local young people and their families in North Melbourne and neighbouring suburbs.

The HM overseeing Board is seeking new honorary members.

For more information, see hothammission.org.au

THE LIFE OF THE PARTY Ellen Sandell

Door now open to housing

et me introduce you to Awil, one ■of our neighbours. He lives at the public housing estate on Sutton Street in North Melbourne. He's a dad with young kids at

childcare and primary school, an active community member, and the president of the Melbourne Somali Community Inc.

Last year, when Awil went to get assistance from his local public housing office, he found that the offices were still closed, with the state government having no plans to reopen them.

"The housing offices were very important because once, whenever residents had a housing or maintenance issue – such as housing applications, rent rebates, needing a new fob for building access or any other issue – we were able to go the office and speak to reception or a housing officer and get the matter resolved in a timely manner. It was very convenient," Awil said.

At the beginning of the pandemic, the offices were closed for people's safety. But when the lockdowns ended, the offices didn't reopen. People had to wait on the phone for hours to get assistance (and sometimes their calls were never answered). Often it took weeks to get issues resolved.

Despite repeated requests from the community and my office, the government refused to open them, considering it more convenient for staff to work from home. After the government ignored the community's pleas, I pursued the matter with the minister and in parliament, campaigning with the community for the offices to be reopened.

After a year-long campaign, I'm pleased to announce that as of January, the North Melbourne and Carlton offices have re-opened weekdays 8.45 am to 5.00 pm. Now residents can conveniently access the support they need and be treated with dignity and respect.

"It's very easy now to go to the office and speak to the right person. Issues can be resolved right away. People are no longer being ignored. We thank Ellen for her hard work that made this possible," Awil said.

I'm glad I was able to help these residents get the offices reopened. It shows what can be achieved when the community doesn't give up. I'm immensely proud of the work of Awil and his community, and the local service providers and organisations who also joined in this campaign. It's made a big difference in the lives

of our neighbours.

If there is ever anything I can help you with, please get in touch: office@ellensandell.com



Ellen Sandell MP with Awil in North Melbourne.

Picture poems from Gardiner Reserve

Local writer and academic **Brendan Gleeson** speaks with **Suzie Luddon**

Brendan, tell me about your recent

It's called The Records of The Loss Property Department of Gardiner Reserve. It's a self-published book (Shiel Street Press) of soulful and satirical picture poems, all baked in North Melbourne.

What is it about?

The Department is a fictional body set in the exquisite little park outside my front door in Haines Street in North Melbourne.

What does the intriguing title

Use of the word 'Loss', and not 'Lost', is intentional as I hope becomes clear in the reading of the book. Loss Property is a meditation on the question of loss, an unavoidable, even necessary, human experience.

The concept of 'loss' seems to be at the heart of your work?

It is. Even the fortunate will one day, like the rest of us, lose their lives. In this book I explore that ever-present, ever-looming reality, in poems about the 'left behind' objects that I constantly encounter in Gardiner

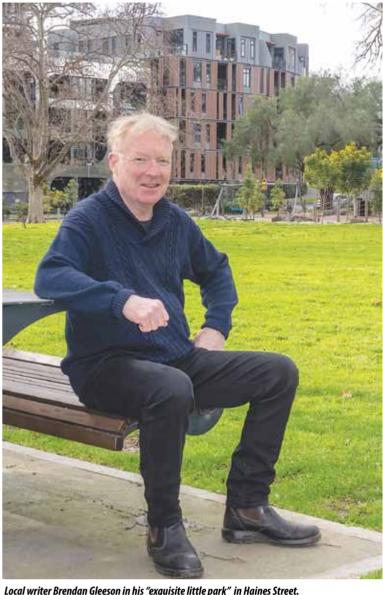
How do you balance your writing with your university employment?

For health reasons, I have been away from my normal employment since 2021. During this period, I have turned to the writing of poetry for the first time in my life, as therapy for healing. From my own experience, Loss Property confirms the fact that we can suddenly lose even the things we thought solid and secure, like the ability to work.

Has the writing of Loss Property left you more or less optimistic?

I definitely feel 'all is not loss'. I hope the book conveys the prospect of hope in such circumstances: that we can find meaning, and even humour, in the losing of things we once held

Suzie Luddon writes regularly for the News.



Local writer Brendan Gleeson in his "exquisite little park" in Haines Street.

Records of the Loss Property Department of Gardiner Reserve

Review by Stephen Regan

As its playful title suggests, this is a book concerned not just with lost property but with the properties of loss in the most profound and pervasive sense of the

It finds beauty as well as pathos in lost and discarded objects – hats and coats and shoes – and it also brings a comic, satirical intelligence to bear on the signs and symbols – labels, slogans, instructions – through which we organise and order our everyday lives.

Words and images collide and collude in brilliantly entertaining ways. The poems are a testimony to the ways in which artistic creativity and linguistic vitality can undo the brittle directives of bureaucratic discourse. Looking out from a small but significant spot in North Melbourne, the book speaks for the lost and lonely everywhere.

Stephen Regan, professor emeritus, Durham University (UK) and research associate, University of Melbourne.



FOR THE MANY, NOT THE FEW.

142 Johnston Street, Fitzroy VIC 3065

(03) 9417 0772

✓ adam.bandt.mp@aph.gov.au

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Tight tussles seen on the green

Madeleine Scully

he City of Melbourne Bowls Club, nestled in the pretty Flagstaff Gardens, recently held our premier event, our annual club championships.

Members competed in singles (men's, women's and novice, with each category feeding into the prestigious Champion of Champions events run by Bowls Victoria.

Club member Wayne Kavanagh, who played in the novice final, created a promotional video with commentary channelling the unforgettable 'Whispering Ted' Lowe of the Pot Black television series. It was shared with members via the chat function on the club's team app.

'Whispering Wayne's' efforts not only encouraged members to come and watch the championships but also

enabled those unable to attend to keep up with the events and the scores.

All matches were hard fought, with Hazel Gabriel taking her eighth women's open title after beating Linda Reed. Jason Lawrence narrowly edged out defending champion Gerard Reed to win the men's open championship.

The novice event always attracts huge interest. Ben Worby proved too good on the day in his contest with Whispering Wayne.

The results sent club historians scurrying to the record books of our 157-year-old club. They discovered that Hazel's eighth title has eclipsed the previous best of Marie Brown (seven in the 1970s) and Fay Snook (six from 1975-85).

"I'm so honoured to be up there with those great players, in a club whose

history stretches back to 1866," Hazel said.

"Our club championship games were as fiercely competitive as ever but were played in a friendly sporting way. It's a great honour to be a club champion," Jason said.

Delighted novice winner Ben spoke of his introduction to the club. "I was drawn in two years ago after hearing what sounded like a party in the park. Once I started bowling I was hooked, and the coaches and members have been wonderful," he said.

Lisa Larmour, chair of the club's board of management, was thrilled with the success of the championships. "It was a terrific day, with three engrossing matches. It was great to see so many members lining the green and enjoying the sunshine," she said.

The day ended with championship winners enjoying a celebratory drink from hundred-year-old silverware.

We are excited to be partnering with the Hotham History Project to publish a history of the club, which is expected to be available later

New members are always welcome. You will have access to our fantastic facilities, and the greens of course, as well as various events throughout the year and discounts across the bar. You can also bring friends down to socialise and have a friendly game of bowls.

Madeleine Scully is secretary of the City of Melbourne Bowls Club.

Want to know more?

Check the website www.citybowls.org/ for opening times.









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Flava owner Moon Hee Sung (Peter) and his business partner Kyu Jang.

New Flava of Korea

Ben Shapero

ocal foodies rejoice! Flava, a new ■Korean BBQ restaurant has opened its doors at 50 Errol Street, right in the heart of the shopping strip.

Flava brings a delicious and exciting dining experience to North and West Melbourne. Come and experience Flava for yourself.

At Flava's recent grand opening, owner Moon Hee Sung (Peter) took time out of his day to speak with the News about the inspiration behind the new venture.

After moving from South Korea to Melbourne with his partner in 2006, Peter worked as a chef at the European Restaurant on Spring Street and also kickstarted a successful sanding and polishing business. He has now entered the hospitality world as a proprietor.

Asked for his advice to prospective restaurateurs, Peter emphasised the importance of having good people around you. At Flava, the positive relationship between staff is evident. Peter and head chef Hee Jong Jung (Johnny) have been friends for 17

Flava's commitment is to serving traditional Korean culsine, which incorporates delicious and authentic dishes. Peter's passion for creating a

welcoming and inviting atmosphere for customers is complemented by some irresistible offerings that will be sure to tantalise your taste buds!

When you visit Flava, be sure to try yukhoe, a Korean-style icy beef tartare. This dish is made with marinated raw beef, seasoned with a variety of spices and topped with a raw egg yolk. It's served on a bed of crushed ice, creating a unique and refreshing combination.

Another must-try dish is tteok-galbi, grilled barbecue beef patties that are marinated in a special blend of spices and grilled to perfection. The juicy patty is topped with a variety of condiments, creating a flavourful and satisfying dish.

The third standout dish is hoemuchim, a sashimi salad with a spicy sauce. The combination of the fresh sashimi and the spicy sauce creates a unique and tasty dish.

These are just a few of head chef Johnny's signature treats. Visit Flava and experience the taste of Korea for yourself!

Ben Shapero writes regularly for the News.

Want to know more?

lunch and dinner every day of the weeks. Phone: 0410 011 115.

Foster carers needed in inner Melbourne

The Lighthouse Foundation, a Melbourne-based not-for-profit organisation, is aiming to double its number of foster carers in the northern suburbs to provide greater support to vulnerable children and

young people. Lighthouse's Hub Home in Cremorne is a place where foster carers can access training to provide a safe home for children in need, and where both foster carers and foster children receive practical support.



Being a foster carer is a rewarding and life-changing experience. Anyone 21 years or older who satisfies background checks is eligible.

To apply to become a foster carer or volunteer, or to support the foundation in other ways, visit www.lighthousefoundation.org.au.

BETWEEN THE COVERS Chris Saliba

Enigma

Garlie

The Enigma of Garlic **Alexander McCall Smith**

Polygon, RRP: \$34.99

A cast of troubled souls throngs the pages of Alexander McCall Smith's The Enigma of Garlic, the latest in the 44 Scotland Street series.



be married, but the bride has much on her mind. Her coffee bar business keeps her busier than she'd like, and rumours are that Fat Bob is seeing another woman. Could it be true?

Bruce Anderson has been struck by lightning, apparently resulting in a personality change – for the better. Gone is his vanity, to be replaced by a sense of purpose. He flirts with joining a monastery.

Finally, Stuart Pollock is trying to assert himself when his pushy, estranged wife, Irene, makes an unwelcome return. Stuart's mother tries to dispatch Irene, but events take an unexpected turn.

Most of the novel's plot turns on the resolving of several moral quandaries. Comic relief is offered in the guise of Sister Maria-Fiore dei Fiori di Montagna, an intrepid nun who has received training from the Vatican's secret service. She successfully trails Fat Bob to find out what his secret is.

A sympathetic, realistic portrait of everyday lives engaged in life's central struggles.

Political Lives: Australian Prime Ministers and Their Biographers

Chris Wallace UNSW Press, RRP: \$39.99)

Political journalist Chris Wallace started writing a biography of Julia Gillard when she was deputy prime minister in the

Rudd Labor government. By the time the book was ready to roll, Gillard was PM and the victim of vicious media and opposition treatment.

Political

Wallace's bio was balanced, showing the light and dark of Gillard's character. Wallace feared her book could be used against Gillard. She pulled it from publication and returned her advance. This experience led Wallace to consider the effect of biography on Australia's prime ministers.

Political Lives provides accounts of the biographical treatment of Australia's 20th century prime ministers, from Edmund Barton to John Howard. Australia's first six prime ministers had no biographies written about them while they held office.

Things took a radical turn in the 1970s with the election of Labor's Gough Whitlam, who was the subject of several contemporaneous biographies and arguably hit its peak with Blanche d'Alpuget's Robert J. Hawke. (Wallace's chapter on the writing of the Hawke biography is a tour de force and shouldn't be missed.)

The Pirate Blackbird

Uwe Timm Scholastic, RRP: \$16.99

Froggy is a mynah bird who lives in an Indian jungle. His parents called him Froggy because when he was a fledgling, he would have trouble taking flight, hopping along like a frog instead.

When a group of English explorers capture Froggy, he ends up being taken on an adventure. His travels take him to a pet shop, a zoo and work as a performer for the interestingly named Mr Clever.

Froggy has a talent for impersonating other animals and it is this skill that Mr Clever exploits, or at least tries to. Growing weary of the vagaries of the performing life (which includes trying to evade Mr Clever's cat), Froggy plans his escape with the help of his friends, Alfred the raven and Blackbird the parrot.

Originally published in 1983 by German writer Uwe Timm and now translated into English for the first time, with delightfully quirky illustrations by Alex Scheffler, The Pirate Blackbird is a captivating tale of a good-natured travelling bird who finds himself in the most unlikely of situations.

A quirky and endearing chapter book perfect for emerging readers five years and up.

Chris Saliba is co-owner of North Melbourne Books, 546 Queensberry Street. He writes regular reviews for the News.

Artist seeks balance out of chaos

Artist Matthew Simpson speaks with Suzie Luddon

Matthew, tell me about your next exhibition.

It's called Aleatory Paintings. It's my second solo show and will be at One Star Lounge & Gallery (301-303 Victoria Street, West Melbourne).

When is the exhibition?

It runs from Wednesday 3 May to Saturday 20 May. The gallery is open Wednesday to Friday 3 pm to 7 pm and Saturday 1 pm to 7 pm.

What has been your artistic journey?

I grew up in Tasmania and arrived in Melbourne in 1985. I worked as a multimedia programmer where I acquired skills to make colours move around the screen with maths. I use those skills today, having left paid employment due to poor mental health.

Did you study art?

I never lost the childhood passion for art that most kids lose at school, so I attended the Victoria College of the Arts. It was there that I developed my artistic style, and how to express myself through art.

Could you sum up your art in three words?

Wow! If I had only three words, I'd go with love, peace and abstraction.

What is your preferred medium?

My practice is based mainly on working in oil paint on canvas. I focus on the possibilities of form and pattern that emerge through a process of repeated addition of lines, with a mixture of random and deliberate additions to the canvas. My aim is to rein in jarring chaos.

What is distinctive about your art?

My creative urge is met equally by experimenting in the digital realm and traditional media. There is an exchange



Matthew Simpson.

backwards and forwards between the two fields. It's an openended exploration.

What has influenced your work?

Mental ill health has impacted my life profoundly. I talk of finding balance out of chaos in art but I could equally be talking about life. I love viewing art, talking about art and creating art. It is therapeutic, a solace and an inspiration.

Are you able to turn the art switch off and relax?

That's not a hard question at all. I enjoy chess and scrabble and a glass of red.

Suzie Luddon writes regularly for the News.

Brewing up a place to share a beer and a chat with friends

Laura Misale

Wang Brewing, at 21 Melrose Street, North Melbourne was an idea brewed-up during tedious COVID lockdowns.

Owner Matt Simpson was on a Zoom call with friends. "We thought we'd do a beer tasting. Everyone nominated a beer; some were from our favourite breweries and everyone had to get the same ones," he says.

"I have a professional services background so I was consolidating a big spreadsheet for it with a ranking system. The problem was that we invited too many people and forgot that the more people we invited, the more rounds we had to drink. Ending up with 14 people meant we had to drink 14 beers."

After the session, and perhaps a bit under the weather, the group came up with the idea of opening

a brewery. Matt admits he now has a more sober perspective on that optimistic moment.

"I'm sure every drunk person in the world has had the same conversation. Anyway, I woke up the next morning and wondered how hard would it actually be," he says.

Originally from England, Matt had studied business at the University of Leeds. In 2011 he came to Monash University on exchange where he met his partner, Hannah.

"It was literally on my first night out. I thought at once that she was nice, and we've been together ever since," he says.

Matt briefly returned to England to finish his degree before returning to Melbourne in 2013 and working in e-commerce.

Living in North Melbourne, Matt would walk down Melrose Street past his local café, Mr Tucker, every



Twang owner Matt Simpson pulls a mean beer.

morning for coffee. His business antennae led him to consider the potential of an idle neighbouring storefront, once a milk bar before becoming part of the IGA.

After much deliberation and his typically meticulous planning, Matt opened Twang Brewing last July. It is now the ideal place for friends and family to meet and share a drink.

Patrons' furry companions are always welcome. "We had a group of seeing-eye dogs come in for Friday night drinks once and they were the best dogs I've ever seen; they sat in a line along the table," Matt says.

Twang features a rotating list of

local beers on tap, currently starring their own in-house brew, a Pacific Ale called Galaxy Explorer.

"It's called Galaxy Explorer because it's single hopped with Australian galaxy hops and the idea is that you're exploring the galaxy hop," Matt says.

The brewery also serves wine from Noisy Ritual Urban Winery in Brunswick East and cocktails featuring local liquor such as gin from nearby distillery Here's Looking at You, Kid on Errol Street.

Twang Brewing's drinks can be topped off with tasty pizzas from Melrose Place, just three doors down. Matt says Twang and the pizza shop work well together. "The pizzas are excellent so people pop out and order a pizza, which is then brought round. It works perfectly."

Matt says there have been many highlights in Twang's first eight months, but he gave a special shout out to his staff behind the bar.

"There's Emily and Grace, and Nadia who has recently joined us. They're just brilliant. And I mustn't forget my partner, Hannah, and her family, who have all supported me on the journey."

Laura Misale writes regularly for the News.

Local men get together for a cuppa and clay creativity



Two very different programs came together on Errol Street in early

One, Fluff Corp, was the latest in a string of artistic residencies at Shop 54 as part of City of Melbourne's Creative Spaces program.

The second program is the Men's Afternoon Tea group, which has been going for just over a year and is a partnership with Ozanam House. Every fortnight a group of men from across North Melbourne get together for a chat about what life holds and to enjoy some locally produced snacks.

Fluff Corp founder and long-term West Melbourne resident Jia Jia Chen said the best thing was spending more time in North Melbourne and connecting with its thriving community.

The Centre invited Jia Jia to work with the group and seven men were keen to give the special clay play session a go. "I could really see the men letting out

their childhood selves," Jia Jia said.
"Some of the participants started the session just punching the ball of clay,



but by the end, everyone had made something fully formed, from the abstract to the functional, including one who made a very large bowl."

Participant and Ozanam House resident Peter said working with clay was fun. "I had to use my mind and my hands. I reckon I last worked with clay 60 years ago. I made a boat with oars and a couple of young people. I can't wait to see it once it is fired."

ELLEN SANDELL

GREENS STATE MP FOR MELBOURNE

Hi, I'm Ellen, your local state MP.
I'm here to help. Don't hesitate to get in touch.

(03) 9328 4637 office@ellensandell.com

146 Peel Street North Melbourne VIC 3051

Authorised by E. Sandell, 146 Peel St, North Melbourne.



The Centre Courses & Activities (Mar-June'23)

The Centre: Connecting Community in North & West Melbourne hosts programs and activities for locals. Some are brand new, others have been running for decades! We try and offer programs that people in our community want to see happen.

Use the following link to register your interest for forthcoming programs and share your ideas about what you think we should offer. Or if you are interested in a course but the time doesn't suit, let us know.

Maybe you even want to offer something yourself.

https://forms.office.com/r/nqyCDTTt5S

Bookings: www.centre.org.au, 9328 1126, in person at The Centre, 58 Errol Street, North Melbourne



Health & Wellbeing

Pilates

Pilates aims to improve your awareness of how to use your body correctly and strengthen your postural muscles to allow you to support your spine. Pilates classes are graded so it is possible to find the level that suits your ability, experience or limitations. Exercises can be adjusted to suit all ages. Graded classes are taught by Brazilian-trained physiotherapist Fernanda Cury and local physiotherapist Alice Wilcox. Classes are relaxed and a great way to meet up with other locals. Online options also available. Tuesdays and Thursdays now in fabulous new venue.

General/Intro to Pilates

A class that caters for all levels of experience.

Wednesdays 9.15 am-10.15 am Legion Hall, George Johnson Lane (behind North Melbourne Library)

Beginners

The basics are still covered but some knowledge is assumed. Over the term the exercises will progress to more challenging options as you build strength and flexibility.

Thursdays 5.30 pm-6.30 pm Quaker Centre, 484 William Street, West Melbourne

Intermediate

This class provides the next step up with more challenging exercises. Strengthen your postural muscles and exercise in a manner that is safe for all your joints.

Tuesdays 5.30 pm-6.30 pm
Thursdays 8 pm-9 pm
Quaker Centre, 484 William Street, West Melbourne

Intermediate Plus

Our hardest class is suitable for people with a good level of body awareness and strength. Designed to improve your trunk strength and provide a really stable base for your other sports or daily activities.

Thursdays 6.45 pm-7.45 pm
Quaker Centre, 484 William Street, West Melbourne

Timetable: Pilates classes operate according to the school term timetable.

Costs: \$19.70 (\$14.40 concession) per class when booking for full term or remainder of term. Casual enrolments (\$25 per class) accepted on-line if available.

We don't want cost to be a barrier to participation. Those with the means are encouraged to pay a bit more so that others can also participate. If you would like to take advantage our flexible pricing policy, contact The Centre.

For Seniors

Older Adults Exercise

A general strengthening class for those 60+. Includes low impact aerobics, balance and strengthening exercises, using exercise band resistance for all parts of the body. Suitable for people of all abilities.

Mondays 11 am - 12 noon starting 24 April for 9 weeks (except 12 June)
West Melbourne Baptist Community Centre
4 Miller St, West Melbourne

Wednesdays 10.30 am -11.30 am (except 12 and 19 April) Legion Hall, George Johnson Lane (behind North Melbourne Library)

Cost: \$19.70 (\$14.40) per class when booking for the term.

Centre Adventures

Visit historical, cultural or horticultural places of interest and significance. Normally a full-day bus trip, Centre Adventures are a great way to get out beyond the everyday. \$55 (\$44 Concession), including lunch and morning tea.

Fourth Tuesday each month 9.30 am – 5 pm Will run 2 May instead of 25 April Departing from The Centre, 58 Errol St, North Melbourne

Creative Pursuits

Sing NoW! Community Choir

Join music director Susie Kelly in this inclusive community choir for adults of all ages. The choir sings music from across the world and spanning many decades. No previous experience required.

Thursdays 7 pm-8.30 pm (not 13 or 20 April)
Sokol Melbourne, 497 Queensberry St, North Melbourne
Cost: \$17.50 (\$11 Concession) per session when booking for the term.
Casual enrolment online \$22 per class if available

Music Club

Bring your current favourite music track. Share what you love about it and expand your musical knowledge by listening to others. Every genre is welcome. BYO dinner and drinks if you want. Book early to secure your place. *FREE*

Monthly on last Tuesday of the month 6 pm-7.30 pm Will run 2 May instead of 25 April The Centre, 58 Errol St, North Melbourne

Digital Storytelling: How to Podcast

Podcasting is a popular way to use digital technologies to share your stories, ideas and opinions. This course introduces the essential communication, production and marketing skills you'll need to become a community podcaster. A hands-on program where you will develop your own podcast concept, record, edit and release your first episode.

Saturdays 25 March and 1 April, 1 pm - 5 pm Docklands Neighbourhood House 2/4 Wharf St, Docklands \$55 (\$33 concession)







The Centre: Connecting Community in North & West Melbourne Inc 58 Errol Street, North Melbourne, Vic 3051 Tel: (03) 9328 1126 Email: admin@centre.org.au Office hours: Monday 10 am to 6 pm Tuesday to Friday 10 am to 3 pm

Community Gatherings

Anzac Day ceremony

Join the local service to commemorate the lives of Australians and New Zealanders who died at Gallipoli and in all conflicts since 1915.

Sunday 23 April, 2 pm Corner of Hawke and Victoria Streets, West Melbourne See page 2 for details

Seniors Morning Tea

Join this group of multicultural seniors for an informal chat over morning tea – a place where friendships can flourish. Sometimes with a guest speaker. \$5 per session.

First Tuesday each month 10 am – 11.30 am (ongoing) The Centre, 58 Errol St, North Melbourne

North Melbourne Men's Afternoon Tea

A casual get-together for some food and a chat with other men from the neighbourhood. New people encouraged. *FREE*

Thursdays (fortnightly), 3.30 pm-5 pm. The Centre, 58 Errol St. North Melbourne

Community Walks

Each month join a special guest with in-depth knowledge about a particular area or aspect of North & West Melbourne. Visit those pockets not on your radar or learn about the hidden history of those places you walk past every day. **FREE**

Last Saturday of the month 10 am-11 am. Bookings essential Leaving from The Centre, 58 Errol St, North Melbourne

WomEmpower

WomEmpower is a group for young women to gather for games, activities, chats and fun each week! Includes guest speakers, craft sessions, language exchange and cooking classes. For young women 15 to 25.

Wednesdays, 5.30 pm - 7.30 pm The Centre, 58 Errol St, North Melbourne and online. Presented by Hotham Mission

Bookings and enquiries: programs@hothammission.org.au or call (03) 9326 8245

Textile Crafternoons

Bring your knitting, crochet, embroidery, weaving, felting or other textile project along, share some skills and enjoy an afternoon tea with fellow enthusiasts. *FREE*

Thursdays (fortnightly), 3.30 pm-5 pm The Centre, 58 Errol St, North Melbourne

For Kids

Home Away From Homework Club

Friendly and inclusive, students come to complete their homework (or our extra material) with the assistance of tutors. There are also games, and a nutritious snack and drink provided. For children in Grades 5 to Year 9. *FREE*

Wednesdays 3.30 pm-5 pm (during school term)

- The Centre, 58 Errol S t, North Melbourne

Wednesdays 4.00 pm-5.30 pm (during school term)

- North Melbourne Language & Learning, 33 Alfred St, North Melbourne

Thursdays 3.30 pm-5 pm (during school term)

Library@TheDock, 107 Victoria Harbour Promenade, Docklands

Rainbow Art Class

Experienced art teacher Shyamasree Bose will guide children in a colourful exploration of drawing and painting, using watercolour, acrylic, oil pastels, mixed media and pencils. Suitable for creative kids aged 4 to 12.

Tuesdays 4.30 pm-6 pm (starting 2 May for 8 weeks)
The Centre, 58 Errol St, North Melbourne
\$80 (\$12 casual if available)

Right Brain Art

Local artist Rebekah Symons leads kids aged 5 to 12 in a fun exploration of drawing and mixed media. Using techniques from Betty Edwards classic text, you'll be amazed how quickly your drawing improves.

Mondays 4.30 pm - 5.30 pm (starting 24 April for 9 weeks; no class public holiday 12 June) The Centre, 58 Errol St, North Melbourne \$80 (\$12 casual if available)

Skills for Work & Life

Computers: Digital Essentials

Make your computer work for you. COVID showed how important it is to engage in the digital world. This friendly course will help you maximise your productivity and minimise frustration.

Wednesdays 10 am-12.30 pm (starting 26 April for 10 weeks) The Centre, 58 Errol St, North Melbourne

Cost: \$60 (\$45 Concession)



Making Your Phone Work For You

Who said phones were made for calling people every now and then? Modern day 'smartphones' are mobile computers, and used for all matter of activities. Globally people spend an average of 3.25 hours on their phones each day. So how do we make the most of this time and make sure our phones help us in our lives, not dictate them? This course covers setting up your phone, choosing apps, using the cloud and phone security.

Wednesdays, 1 pm – 3 pm (starting 10 May for six weeks) The Centre, 58 Errol St, North Melbourne \$30 (\$20 concession)

Video & Photo Editing

Learn these important skills for an increasingly visual-savvy world. In this short course you will learn how to use accessible, popular software for both video and photographic editing.

Saturdays May 13 and May 20, 1 pm - 5 pm Docklands Neighbourhood House 2/4 Wharf St, Docklands \$55 (\$33 concession)

See also Digital Story Telling in Creative Pursuits.

Beginners' Spanish

Learn the language spoken by more than 500 million people across the Americas and Spain: Español A small and friendly conversation-based class that will prepare you for travelling. With Colombian-born Katherine Taborda.

Tuesdays 6.15 pm: Beginners I (no experience necessary)
7.15 pm: Beginners II (a little knowledge)
(starting 2 May for 8 weeks)
The Centre, 58 Errol St, North Melbourne
\$132 (\$110 concession)

Watch out for the free trial classes at Spanish Language Fiesta (see pp 12-13)

Personal & Family Finances

An introduction to important knowledge and principles about household financial management. You will learn to set up a simple, but powerful, household budgeting systems using simple technologies. Other topics include taxation, superannuation and managing credit and debt.

Thursdays 6 pm - 8 pm (starting 4 May for six weeks)
Docklands Neighbourhood House
2/4 Wharf St, Docklands
\$66 (\$46.20 concession)

Coming up later in the year:

Event Management
Best Apps for Work & Life
Digital Skills for Volunteers
Coding for Kids



Express your interest in these and other programs

When I tell people I'm director of a neighbourhood house, I'm often asked, "So what do you actually do?"

The truth is that I spend a lot of my time staring at a computer screen or talking on the phone. It is also true that when I turn up in the morning, I can never predict what is likely to happen that day.

Here is an outline of one recent day: I arrive at The Centre in Errol Street. I check in with community education coordinator Jorge Jorquera who will be running the Digital Essentials course in the training room this morning. He's moved the tables after last night's Introductory Spanish class and has got the student laptops out.

Karen Kirsopp, our reception volunteer for the day, arrives, and we put out the tables and chairs on the footpath. Some of our plants are looking good, while others are looking seedy. I make a mental note to ask Jocelyn, one of our seniors participants who donated the plants, "Why are only some thriving?" when she is next in.

Karen tells me there are a few phone messages from overnight. We divide up the callbacks. I'll give Scott a return call because his message sounded a little agitated.

He has a colourful past and an uncertain future – last time I spoke with him, he told me fell down two storeys, ended up in hospital then discharged himself. Since the lockdown lifted more than a year ago, he's always been welcome at The Centre.

He sometimes volunteers with odd jobs at the neighbourhood house and he's taken to writing motivational remarks each week on our in-house message whiteboard. We'll often chat, sometimes about the weather, sometimes about what's going on

FROM THE CENTRE DIRECTOR Ariel Valent





Justine and Scott with Ariel outside The Centre.

in the street and sometimes about challenges in his life.

There's a new student for Digital Essentials, so I introduce him to Jorge and the other students. There is a discussion about email signatures. Does putting the Aboriginal, Torres Strait Islander and rainbow flags on your signature make it more inclusive, or is it in fact excluding anyone who doesn't identify with those groups?

I head upstairs and respond to some emails. The financial acquittal for some government funding of our inaugural Queensberry Cup needs to be adjusted to meet requirements. I'm halfway through these calculations when Karen tells me there is a visitor for me

Scott and his partner Justine are there. I'd seen Justine the day before. She had told me she needed some legal assistance. We don't have those skills, but I was able to refer her to Inner Melbourne Legal Centre (IMCL). It transpired that she hadn't made it there, and 24 hours later, it had become a more urgent matter for both of them. I thought it best to walk them to the door of the community legal centre.

It emerged that the police had placed a personal safety intervention order following an argument they had had (the same incident that led to the fall). They were due to appear in court the next day; both were of the opinion that the order was excessive and they both wanted it removed but they didn't properly understand it and had no idea what to expect at court.

We were seen almost immediately by a lawyer from IMCL, who quickly assessed that she could only give advice to one party, while a referral could be given to the other. Scott asked me to stay with him in the consultation with the lawyer, which I was happy to do.

Scott quickly learned exactly what the order meant, what to expect at court and how to submit an application to get the order varied.

However, there was another issue; he had been staying at his girlfriend's house, and now that he couldn't do that, he had nowhere to stay.

We headed back to The Centre and called Launch Housing. They explained that it was late in their daily cycle for finding housing for that night. Scott put his name down for a local residential service that has a longer-term approach while also addressing housing needs. But this didn't answer the question of where he would sleep that night. He'd have to wait until later in the day.

Meanwhile, I apologised to events coordinator Yulay Perez for being late for our Spanish Language Fiesta planning meeting. We assessed some draft logo designs, discussed the traffic management plan and checked updates on the performance program.

I could hear the Homework Club supervisors talking downstairs. Today would be the first day back for the three clubs we run. I put aside that financial acquittal to check in with them. They're excited to be meeting the 2023 participants, some returning from last year and some new.

Incredibly, it's almost time to shut the doors and Karen tells me who has been coming in during the day: some new enrolments for Pilates; a new volunteer application; and a visiting French couple who wanted a printed map of the local area. Soon, the volunteer tutors arrive for Homework Club, and not long after that, the students race in and drop their bags. Introductions, a snack, then some homework help in a relaxed atmosphere.

Scott's back. He hasn't had any luck with finding somewhere to stay and he is getting worried. He's also due in court next morning. I give Launch Housing another call, and they assure me he is on their list for the night and they will get back to him.

Some more calls come in; are we able to accommodate a community services student placement? (yes); do you offer singing programs for kids? (no, but I can tell you who does); do you have old issues of *North & West Melbourne News* from the 1980s? (no, but we're working on an archive project).

Progress on that acquittal is slow-going.

Scott comes back in with a smile on his face. He's been given a hotel room for two nights. He'll be able to have a long shower and refresh before court tomorrow. I print him out the instructions of how to get to the hotel in an unfamiliar part of Melbourne. And then mark out the magistrates court – just one simple tram ride from the hotel.

We go over the key points from the meeting with the lawyer earlier in the day and he is ready to go. "Thanks, man, I don't know what I would have done without you."

Craig Barry, our financial officer, sends through a batch of payments. We talk through a couple of queries, and then I submit them to the bank and to the treasurer for approval. I look at the clock. I send a few more emails before calling it a day.

I promise myself I'll finish that acquittal first thing in the morning!







Goodbye 2022!

The Centre's End-of-Year Celebration at the West Melbourne Baptist Centre on 15 December had something for everyone.

Clockwise from left:

- Anne Burgi, Nancy Lane and Geoff Pound represented the News to celebrate our Community Newspaper Association of Victoria awards with Ariel Valent.
- There were plenty of games to entertain younger residents.
- Tasty Cielo ice creams were a favourite with young and old alike.
- Volunteers were kept busy making sure everyone was well fed.



NOTICEBOARD



The North & West Melbourne News is a quarterly publication produced by volunteers predominantly from North and West Melbourne. Readers' contributions and letters are welcomed. Where relevant the News may seek alternative opinions in the interests of balance. Contributors' opinions are their own and the News takes no responsibility for them. We reserve the right to edit or omit articles considered unsuitable or when space is limited. Send articles by email to editorial@centre.org.au. Please send photographs of suitable resolution for reproduction as graphic files with the article.

Finance

The News is a program of The Centre: Connecting Community in North & West Melbourne Inc, a registered charity. Costs of producing the News are met through advertising, sponsorships, subscriptions and donations. Donations of more than \$20 are tax deductible through the ANHCA Public Fund for DGR.

News distribution

The News is distributed free throughout North & West Melbourne. Get in touch if you know of anyone not receiving their copy. Copies are available from The Centre, North Melbourne Library and online at www.centre.org.au. Subscriptions are \$20 per year (four issues) sent to anywhere in Australia.

Volunteers

The News welcomes new volunteers. If you have skills in writing, drawing, photography, archiving, proofreading, computer technology, social media or design and layout, please consider joining the team.

Editor: Maurice Gaul
Production: Anne Burgi
Advertising: Janet Graham
Distribution: Rashi Jain
Proofreader: Suzie Luddon
Photographer: Jim Weatherill
Illustrator: Ed Zhao
Writers: Michelle Brett, Lizzy

Writers: Michelle Brett, Lizzy Footner, Maurice Gaul, Stephen Hatcher, Very Impressive, Rashi Jain, Nancy Lane, Suzie Luddon, Laura Misale, Nebojsa Pajkic, Geoff Pound, Georgie Preston, Flora Sciarra, Ben Shapero, Gavan Tobin

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Spanish Language Fiesta traffic changes

For details on Spanish Language Fiesta program, see pages 12-13.

Due to increase demand, we are extending the festival footprint to include part of Leveson St, as well as activating George Johnson Lane and Little Errol St.

Expected Disruptions

The following streets and locations will be affected from 7 am to 7 pm on Saturday 25 March:

- George Johnson Lane and Little Errol Street will be completely closed to vehicles. Any vehicles parked in this area can only leave via Errol St and only until 12 pm.
- Leveson St will be closed to all vehicles traffic from 16-36 (East) and 21-45
 West. No vehicles can be parked in this section of Leveson St (both sides
 and median strip) from 7 am to 7 pm.
- Residents of 39 Leveson St will be able to drive out of the property during the festival.

Route 57 Tram: The route will run unaffected through North Melbourne on the regular Saturday timetable.

No public transport will be affected by the event or road closures. There will be no effect to Errol Street, Queensberry Street or Victoria Street as a result of the event. Residents' pedestrian access will be always maintained throughout the precinct.

Roadblocks will be installed at 7 am on Saturday 25 March and removed at 7 pm on the same day.

Car parking along Errol Street, Leveson Street and Queensberry Street is available on the day of the event with most spaces metered between 7.30 am and 12.30 pm. After this time, parking in these spaces is free for the remainder of the day.

Car parking on Leveson Street will be affected within the festival zone. Vehicle access will be reopened to traders and residents within the precinct after 7 pm on Saturday 25 March or when it is safe to do so.

For further enquiries about the traffic management of this event, contact Yulay Perez at The Centre on 9328 1126 or the City of Melbourne Event Operations Coordinator Ana Martinez on 03 9658 9658.

Noise management

All noise generated by the event will be monitored throughout its duration to ensure that the prescribed 72 dba is not exceeded. Any complaints regarding noise on the day of the event should be directed to The Centre as soon as possible, 58 Errol Street North Melbourne 03 9328 1126.

Volunteer information transcribers wanted

Volunteers are being sought to transcribe names from Sands & McDougall directories for selected streets in North and West Melbourne.

This is a home-based, at-your-own-pace task that will appeal to careful typists who know how to use a spreadsheet and have a passion for local history.

Please register your interest at melbournestreets1@gmail.com

Kryptic Kwiz (page 9) answers

1. (Ken) Wyatt (Earp) 2. (Vivien) Leigh 3. (Ian) Goodenough 4. (Michelle) Payne **5.** (John) Alexander (Alexander the Great) **6.** (Warren) Snowdon (Lord Snowdon) 7. (Robert) Zimmerman (Bob Dylan) 8. (Damian) Drum 9. (Julie) Owens (Wilfred Owen) 10. (Bridget) Archer 11. (Tony) Burke (Burke Street) 12. (Luke) Howarth (Haworth) 13. (Rowan) Ramsey (Ramsay Street) 14. (Bill) Shorten (Shortnin' Bread) 15. (Andrew) Laming (Lamington) 16. (Shayne) Neuman (Alfred E. Neuman) 17. (Justine) Elliott (George Eliot's pen name, Mary Ann Evans) 18. (Bob) Katter 19. (Andrew) Gee (Gerry Gee) 20. (Mark) Dreyfus (Dreyfus Affair) 21. (Katie) Allen (Peter Allen) 22. (Barnaby) Joyce (James Joyce) 23. (Josh) Burns (Robbie Burns) 24. (Scot) Morrison 25. (Celia) Hammond (Happy Hammond) 26. (Craig) Kelly (Ned Kelly) 27. (Luke) Butler (Niles the butler in The Nanny sitcom) 28. (Luke) Gosling (Goose) 29. (Jason) Clare (County Clare) 30. (Steve) Irons (Shooting irons) 31. (Zali) Steggall **32.** (*Rebekah*) Sharkie (*Noah's ark* = *shark*) **33.** (*Julie*) Collins (*Dictionary*) **34.** (Rob) Mitchell (Major Mitchell's Cockatoo) **35.** (Karen) Andrews (Julie Andrews) **36.** (Nola) Marino (San Marino) **37.** (Angie) Bell (Alexander Graham Bell) **38.** (Nicole) Flint (Fred and Wilma Flintstone) **39.** (Kate) Thwaites (John Thwaites) **40.** (Melissa) McIntosh (*Mackintosh raincoat*)

Send contributions, letters and feedback to:

North & West Melbourne News
The Centre, 58 Errol Street, North Melbourne 3051
Email: editorial@centre.org.au Telephone: 9328 1126

Winter 2023

Copy deadline: Friday 12 May Publication: Friday 9 June

Spring 2023

Copy deadline: Friday 11 August Publication: Friday 8 September

Summer 2023

Copy deadline: Friday 3 November Publication: Friday 1 December

Easter Services in North and West Melbourne

St James Old Cathedral, Anglican

Corner King and Batman streets, West Melbourne (opposite Flagstaff Gardens)

Palm Sunday 2 April 10.00 am Holy Communion

Good Friday 7 April 10.00 am Passion Reading with The Old Cathedral Voices

Easter Sunday 9 April 10.00 am Holy Communion



St Mary Star of the Sea, Catholic

Corner Victoria and Howard streets, West Melbourne

Stations of the Cross every Friday during Lent until 31 March 5.30 pm – 6.30 pm **Saturday 1 April** 10.00 am Chrism Mass at St Patrick's Cathedral (12.30 pm Mass at St Mary's cancelled)

Passion (Palm) Sunday 2 April 10.00 am Sunday Mass; 5.00 pm English Mass — palms will be distributed at each Mass

Monday, Tuesday and Wednesday of Holy Week, 3, 4 and 5 April, 7.00 am and 12.30 pm Weekday Mass

Holy Thursday 6 April 7.30 pm Mass of the Lord's Supper

Good Friday 7 April 10.30 am Stations of the Cross; 11.15 am Seven Words of Our Lord on the Cross Sermon; 12.00 noon Holy Rosary; 3.00 pm Celebration of the Lord's Passion

Holy Saturday 8 April 8.00 pm Easter Vigil

Easter Sunday 9 April 10.30 am Easter Mass; 12.00 noon Easter Mass in Lithuanian; 5.30 pm English Mass

St Mary's, Anglican

Corner Queensberry and Howard streets, North Melbourne

Palm Sunday 2 April 8.00 am and 10.00 am

Maundy Thursday 6 April 8.00 pm

Good Friday 7 April 10.00 am

Saturday 8 April 9.00 pm Great Paschal Vigil

Easter Day Sunday 9 April 8.00 am and 10.00 am

St Michael's, Catholic

456 Dryburgh Street, North Melbourne Details not available at time of going to press

Saints Peter and Paul, Ukrainian Catholic

35 Canning Street, North Melbourne (corner Dryburgh Street)
Ukrainian Easter will be celebrated on Sunday 16 April.
Service times not available at time of going to press. Telephone 9320 2566

Uniting Church, Mark the Evangelist

51 Curzon Street, North Melbourne

The congregation meets in the church hall, 4 Elm Street.

Passion Sunday 2 April 10.00 am, a reading of the passion narrative of St Matthew with Eucharist

Maundy Thursday 6 April 7.30 pm, a Tenebrae ('Shadows') service Good Friday 7 April 10.00 am

Saturday 8 April 8.00 pm Easter Vigil with Eucharist **Easter Day Sunday 9 April** 10.00 am Eucharist

www.marktheevangelist.unitingchurch.org.au

West Melbourne Baptist Church

4 Miller Street, West Melbourne

Good Friday 7 April 9.30 am Good Friday Service followed by morning tea/coffee and hot cross buns

Easter Sunday 9 April 5.30 pm Easter Sunday Service

NWMN advertisement sizes and rates for 2023

Size	Colour	Mono		
Full page (24 cm wide x 34 cm high)	\$1,795.00	\$1,560.00		
Half page (24 cm wide x 17 cm high				
or 12 cm wide x 34 cm high)	\$900.00	\$785.00		
One-third page (24 cm wide x 12 cm high)	\$650.00	\$575.00		
One-quarter page (24 cm wide x 8.5 cm high				
or 12 cm wide x 17 cm high)	\$485.00	\$415.00		
One-eighth page (12 cm wide x 8.5 cm high)	\$245.00	\$210.00		
One-16th page (12 cm wide x 4 cm high)	\$130.00	\$115.00		
Business card (in Services Directory)				
(9 cm wide x 5.5 cm high)	\$115.00	\$95.00		
 Prices inclusive of GST 				

- Book four consecutive issues to receive a 20% discount, total amount payable at time of booking.
- Prices are for supplied artwork (high-resolution PDF). Layout services are available talk to us about how we can help.
- The *News* reserves the right to reject advertising bookings that are outside the standards for a community-based publication.
- For information and bookings, email: advertising@centre.org.au

































challenge What's in a number? A word or two. The next $\,$ time you're out walking, challenge yourself:































