

wrap up



terms one
and two
2010

the centre

connecting community
in north & west
melbourne inc.

58 errol street
north melbourne

tel 03 9328 1126

fax 03 9328 4812

email *admin@centre.org.au*

www.centre.org.au

about the centre

what we are known for

The North and West Melbourne News

Over thirty years of continuous publication, with four editions each year. Produced entirely by volunteers.

The Volunteer Program

Around 200 volunteers including homework tutors, bus drivers, activities providers, on-the-ground staff, performers and artists in community events, newspaper team members, administration workers, management committee members and participants in social action initiatives.

The Global Homework Program

A 'best practice' program offering homework support to children from grade four to year twelve, in partnership with the North Melbourne Library and the North Melbourne Football Club.

Spring Fling Festival

A biennial festival bringing together the whole of North and West Melbourne to celebrate the richness and diversity of the local community.

The Centre Adventure Program

Fun, food, friendship, excursions and mutual support, led by an irrepressible Program Leader. This program, new in 2009, has been a great success.

Our shopfront on Errol Street

Drop in for information, referral and support.

The Centre's values and what we do with them

Connectedness:

Developing a sense of community, through friendship, compassion, cooperation, acceptance and belonging.

Responsibility:

Adopting both individual and collective responsibility and contributing to sustainable community development.

Equity:

Developing tolerance and a commitment to social justice; acknowledging diversity; respecting difference and encouraging distinctiveness.

Resilience:

Recognising strengths and maximising potential; developing self-management, self-confidence and self-respect; nurturing optimism, perseverance and wellbeing.

Integrity:

Acting honestly, ethically and consistently, being our word and being reliable.

Creativity:

Valuing original ideas; demonstrating enterprise and innovation at an individual and organisational level.

Social Action:

Working together for a fairer and more sustainable society; showing leadership through consultation, planning and partnerships with others.

program

terms one and two 2010

ACFE COURSES

These are Adult, Community and Further Education funded courses providing foundation skills to concession card holders, migrants and refugees from non-English speaking backgrounds.

Brickworks*

Sally O'Dwyer

Where: The Centre

Cost: \$4 per session concession

T1 Mon 1 Feb – 22 Mar 7 sessions..... 1.30pm – 3.30pm

T2 Mon 12 Apr – 21 Jun 9 sessions..... 1.30pm – 3.30pm

No class Labour Day 8 Mar

No class Anzac Day 26 Apr & Queen's Birthday 14 Jun

Brickworks is an adult art program which is self-run and provides a relaxed, informal and supportive environment in which to create and explore your artistic self. Participants work with a variety of media (including paint, clay or textiles) to create individual projects in a group environment. All abilities welcome, enthusiasm encouraged! Materials provided, or you are welcome to bring your own. Occasional workshops run by known artists are included, as well as a chance to exhibit your work in a community setting. Low-cost framing possible.

Computers – Beginners*

Michael Burville

Where: North Melbourne Library, 66 Errol Street, North Melbourne

Cost: \$80 concession

T1 Fri 5 Feb – 26 Mar 8 sessions..... 9.30am – 12.30pm

Computers are here to help and also provide a bit of fun in the process. This course takes you through the basics of your personal computer (PC) with the aim of giving you confidence and understanding in the practical use and benefit of computers. Each lesson will introduce you to new topics to give you a taste of the common tasks computers are used for. Areas covered include Windows operating system and navigation, word processing and document creation, the internet and email, spreadsheets and numbers, multimedia and more. Emphasis is on practical and interactive learning. You'll also receive a guided overview of services and resources available at the North Melbourne Library.

Computers – Beginners Plus*

Where: North Melbourne Library, 66 Errol Street, North Melbourne

Cost: \$80 concession

T2 Fri 23 Apr – 11 Jun 8 sessions..... 9.30am – 12.30pm

This course builds on skills learnt in the beginners' course. The tutor will provide practical examples of applications for your computer skills and introduce you to the more advanced features of Microsoft Office and overall PC management. This course will give you confidence to

create your own presentations and enhance your skills in all aspects of PC use. Emphasis is on practical and interactive learning. You'll also receive a guided overview of online services and resources available at the North Melbourne Library.

Experiencing English*

Mike Cole

Where: The Centre

Cost: \$8 per session concession

T2 Fri 16 Apr – 25 Jun 11 sessions... 10.00am – 12.00 noon

If English is not your first language, and you want to improve your listening and speaking, then this is the class for you. Gain an understanding of many cultures in a friendly setting. Improve your spoken English. These fun and informal sessions will include practical experience in the local community. It may be ordering your coffee or catching a tram. Learn more about your community while building your English communication skills.

Freelance Writing* New!

Amy McDonald

Where: The Centre

Cost: \$55 concession

T2 Wed 14 Apr – 26 May 7 sessions 3.00pm – 6.00pm

Do you enjoy reading magazines? Or writing? What about combining the two and making some money? This course provides writing skill development, social interaction and confidence building. In this course participants will learn how to conduct interviews, write reviews and profiles and pitch their articles to magazine editors.

Holyoake Drumbeat Program*

Andrew McSweeney

Where: Living Music, 53 Little Baillie Street, North Melbourne

Cost: \$55 concession

T1 Thu 4 Feb – 25 Mar 8 sessions 4.00pm – 5.00pm

T2 Thu 15 Apr – 24 Jun 11 sessions 4.00pm – 5.00pm

Learn group drumming while developing interpersonal skills. This innovative course is for young people over 15. Group drumming enables people to connect with others and learn social skills, including better communication, problem solving and empathy. Held in a warehouse recording studio in North Melbourne with trained facilitators who are musicians. This course is structured so attendance is required at every session.

Sponsored by the Rotary Club of North Melbourne

Little Aid – baby and child first aid training*

Michelle Fiddian

Where: The Centre

Cost: TBC

T1 Thu 25 Mar 1 session 6.30pm – 9.30pm

T2 Thu 15 Apr 1 session 9.30am – 12.30pm

Babies and children fall ill or have accidents every day. Little Aid

has created an easy solution to learning, turning what is usually an expensive and long course into relaxed sessions especially for parents, grandparents and babysitters. No medical jargon, just essential first aid in simple, easy-to-understand terms from an experienced trainer. Practise CPR and treatment for choking, learn how to stay calm, treat a fever, control bleeding, treat a burn and recognise a head injury. Have the confidence to help your baby or child when they need you most. Little Aid provides a goodie-bag with notepad, pen, information brochures and a wall chart, as well as a certificate of attendance.

Writing to Rhythm*

Andrew McSweeney

Where: Living Music, 53 Little Baillie Street, North Melbourne

Cost: \$55 concession

T1 Wed 3 Feb – 24 Mar 8 sessions 3.30pm – 5.30pm

T2 Wed 14 Apr – 23 Jun 11 sessions 3.30pm – 5.30pm

An innovative course held in a warehouse recording studio. This course is for young people over 16 who are from culturally and linguistically diverse backgrounds or who are Aboriginal or Torres Strait Islanders. If you don't go to school and want to improve your speaking, writing and performing in English, Writing to Rhythm is the course for you! You will develop your English literacy skills by using music while increasing confidence and your communication, group work and creative skills. Spark your interest in further education and training.

**These are ACFE funded courses providing foundation skills to concession card holders, migrants and refugees from non-English speaking backgrounds.*



OTHER COURSES

Calligraphy

Stephen Wright

Where: The Centre

Cost: \$97 or \$88 concession

T1 Tue 2 Feb – 23 Mar 8 sessions..... 7.30pm – 9.30pm
T2 Tue 13 Apr – 1 Jun 8 sessions..... 7.30pm – 9.30pm

"I've always wanted to write like that!" — well, now you can. Even if you are a complete beginner you will soon be beautifying your cards, envelopes, scrapbooks and more with your new-found writing artistry. Advanced students are equally welcome to explore different scripts, illumination, family trees etc., or just to freshen up their skills. All this in a super-friendly atmosphere. Ask for a materials list when you enrol.

Computer Basics New!

John Louey

Where: The Centre

Cost: \$20 (4 x 2-hour sessions)

T1 Mon 18 Jan – 8 Feb..... 4 sessions..... 6.30pm – 8.30pm
T2 Mon 31 May – 28 Jun 4 sessions..... 6.30pm – 8.30pm

No class on Queen's Birthday 14 Jun

How do I switch it on? Over the last two decades the personal computer has morphed from the domains of commerce and science, past the home study and into the living room. Increasingly it is seen as the preferred means of communication and information distribution. This course aims to develop the understanding and intuition vital for confident PC use. It is designed for people with little or no prior PC experience. Classes are flexible and adapted to the interests of participants.



Creating Inspired Kids

Davia McMillan

Where: The Centre

Cost: T1 \$64, T2 \$88

T1 Tue 2 Feb – 23 Mar 8 sessions..... 3.45pm – 5.15pm
T2 Tue 13 Apr – 22 Jun 11 sessions..... 3.45pm – 5.15pm

A creative play experience for children from grades 1 to 4. The Creating Inspired Kids classroom is a welcoming environment for children to extend their creative abilities. Children are encouraged to share and experience new creative techniques, using a great range of colourful and interesting materials. Activities range from painting, drawing and sewing to sculpture, collage, construction and much more. This class is a great place to meet other creative kids and have some messy fun. Children must be signed in and out by a parent or nominated guardian.

Cupcakes New!

Ainslee Smith

Where: The Centre

Cost: \$54

T1 Tue 16 Feb – 23 Mar 6 sessions..... 2.00pm – 3.00pm
T2 Tue 13 Apr – 18 May 6 sessions..... 2.00pm – 3.00pm

An interactive play-time for three and four-year-olds and their parents. A different activity each week will inspire play ideas at home. Our consultant, three-year-old Raph, named the group and the first week activity (according to Raph) will be decorating cupcakes! The focus will be on encouraging interactive play-time between child and parent or grandparent. *Places will be limited and booking with full payment will secure your place. Breastfeeding babies welcome.*

eBay Tricks from a Woman Who Knows

Nada Borevec

Where: The Centre

Cost: \$97 or \$88 concession

T1 Mon 22 Feb – 22 Mar 4 sessions..... 7.00pm – 8.30pm
T2 Mon 3 May – 24 May 4 sessions..... 7.00pm – 8.30pm

No class on Labour Day 8 Mar

This proven course has previous students revelling in eBay success! This is a tried and true way to make money and save money! All you have ever wanted to know about eBay. Learn how to set up your account, avoid pitfalls, find bargains and identify products that will sell at a profit. Start a fun and successful eBay hobby or business. As an experienced eBay 'power seller and buyer', this woman knows the easy way that eBay can work for you! *Basic internet and digital photography knowledge required.*



Errol's Angels Community Choir

Where: North Melbourne Primary School
210 Errol Street, North Melbourne
Cost: \$120 earlybird, \$130 full, \$80 concession
Fee to be paid in first two weeks of term

T1 Thu 28 Jan – 25 Mar 9 sessions..... 7.00pm – 9.00pm
T2 Thu 15 Apr – 24 Jun..... 11 sessions..... 7.00pm – 9.00pm

Errol's Angels is a small, independent a-cappella choir based in North Melbourne, led by Musical Director Emily Hayes. Consisting of up to 30 voices, Errol's Angels sings a magical mix of multi-part songs, from Bach to Beach Boys. We perform regularly at hospitals, events and the biennial Spring Fling Street Festival. Details can be found at <http://au.groups.yahoo.com/group/errolsangels/>

No audition is necessary, just a desire to sing and a willingness to learn.
Contact Mark on 0438 557 664 or email mnkmcp@yahoo.com.au

Fancy Becoming a Freelancer? – Advanced

Amy McDonald

Where: The Centre
Cost: \$100 or \$90 concession

T2 Wed 5 May – 26 May. 4 sessions..... 7.00pm – 9.00pm

So you think you've got good ideas, can string a sentence together and know the difference between a profile and a review? Great! Come along to the second instalment of the Fancy Becoming a Freelancer course to hone your skills and increase your profits! Share more magazine article tips and tricks with other emerging freelance writers.

GLOBAL HOMEWORK PROGRAM

Celeste O'Keefe

The Centre, in partnership with the North Melbourne Football Club Learning & Life Centre and the North Melbourne Library, runs a free homework tutoring program for students in years 4 to 12. There is a strong focus on numeracy and literacy in line with school curriculum, VELS, VCE, VCAL, VET, ESL and IB. The program also provides interpreters for students from backgrounds where English is not their first language, and encourages students from refugee and CALD backgrounds to attend. Great fun for tutors and local children!

Please contact The Centre on 9328 1126 to register child/student if you are interested or for further information.

Homework Club: Grades 4–6

Where: North Melbourne Library
Room 1, 66 Errol Street, North Melbourne

Cost: Free

T1 Wed 17 Feb – 24 Mar 6 sessions..... 4.00pm – 6.00pm
T2 Wed 14 Apr – 23 Jun. 11 sessions..... 4.00pm – 6.00pm

This program is a free homework tutoring program for children in grades 4 to 6 who live or attend school in the North and West Melbourne area. A team of supervised and trained volunteers will offer individual support and tutoring. Children must be signed in and out by a parent or guardian. Just turn up with your homework. *New volunteer tutors are encouraged to apply – see The Centre's Volunteer Program.*

Homework Club: Transitional Years 6–9

Where: North Melbourne Library
Room 1, 66 Errol Street, North Melbourne
Cost: Free

T1 Tue 16 Feb – 23 Mar 6 sessions 4.00pm – 6.00pm
T2 Tue 13 Apr – 22 Jun 11 sessions 4.00pm – 6.00pm

A transitional program for children moving from primary school into secondary school. A team of supervised and trained volunteers will offer support and tutoring. *New volunteer tutors are encouraged to apply – see The Centre's Volunteer Program.*

Homework Club: Years 10-12, Mon & Thur New location!

Where: The North Melbourne Football Club Learning and Life Centre
Arden Street, North Melbourne
Cost: Free

T1 Mon 15 Feb – 22 Mar 5 sessions 4.00pm – 6.00pm
Thu 18 Feb – 25 Mar 6 sessions 4.00pm – 6.00pm
T2 Mon 12 Apr – 21 Jun 9 sessions 4.00pm – 6.00pm
Thu 15 Apr – 24 Jun 11 sessions 4.00pm – 6.00pm

No class Labour Day 8 Mar, Anzac Day 26 Apr & Queen's Birthday 14 Jun

Now you don't have to miss out on Homework Club when you go into VCE or IB! Homework students in years 10 to 12 will have access to tutors matched to their subject learning needs wherever possible. *New volunteer tutors are encouraged to apply. Why not take the opportunity to volunteer with an elite sporting club? See The Centre's Volunteer Program for more information.*

North Melbourne Sustainability Street Sustainable Living Workshops

In 2010, North Melbourne Sustainability Street will run the following practical workshops to help local residents make their homes more sustainable:

- Seasonal food production for small spaces (autumn and spring)
- Dealing with organic waste in your household (composting, worm farming, bokashi)
- Shopping with a conscience – workshop & supermarket tour
- Waste and recycling

For more information, please email info@northmelbourness.com. To receive advance notification of events, sign up to our mailing list at www.northmelbourness.com.

Preparing for Motherhood New!

Carmen Beaumont and Sue Gertzel

Where: The Centre
Cost: \$35

T1 Sat 6 Feb – 20 Mar 7 sessions 10.00am – 11.00am
T2 Sat 17 Apr – 29 May 7 sessions 10.00am – 11.00am

Are you in your last trimester of pregnancy? Wondering if you are ready? Come and meet other mothers-to-be in a relaxed and friendly environment. Local psychologist and physiotherapist will assist you to prepare physically and mentally for your new role as a mum. BYO exercise mat.

Picture Framing – Introduction

Diana Francavilla

Where: The Centre
Cost: \$149 includes lunch, tea and coffee

T1 Wed 17 Mar 1 session 9.30am – 4.00pm
T2 Wed 19 May 1 session 9.30am – 4.00pm

This course is designed for anyone who would like to start doing their own framing and is suitable for the absolute novice through to the intermediate framer. There are many short cuts and tricks of the trade that are invaluable. You will learn how to lay out and measure up your artwork to prepare the frame and mount. Also learn how to select and join your own frame and to give it a professional finish. All tools and materials will be provided.

Photography – Sorry, the dog ate my photos New!

Anthony Leong

Where: Studio, 8 Stawell Street, North Melbourne
Cost: \$95 (comprises 3 x 2-hour sessions)

T1 *Studio Sessions:*
Wed 17 Mar & 31 Mar 2 sessions 6.30pm – 8.30pm
Day of Shoot:
Sat 27 Mar 1 session 2.00pm – 4.00pm
T2 *Studio Sessions:*
Wed 12 May & 26 May 2 sessions 6.30pm – 8.30pm
Day of Shoot:
Sat 22 May 1 session 2.00pm – 4.00pm

This course is a beginner's guide to cameras and photography. Banish total failures forever and shoot without needing to apologise for the results! Get the best from your equipment and the results you want.



This introductory course offers an insight into the art of photography where you will learn to meld the technical with the artistic. Understand basic theory, camera and composition. This is a three-part class, comprising two sessions in the studio and one interactive session out and about in North Melbourne.

Photography – Holiday Snaps which Work (for a change!) New!

Anthony Leong

Where: Studio, 8 Stawell Street, North Melbourne

Cost: \$85 (comprises 3 x 2-hour sessions)

T1 *Studio Sessions:*

Wed 24 Feb, Wed 10 Mar 2 sessions..... 6.30pm – 8.30pm
Day of Shoot:

Sat 27 Feb 1 session 2.00pm – 4.00pm

T2 *Studio Sessions:*

Wed 21 Apr, Wed 5 May 2 sessions..... 6.30pm – 8.30pm
Day of Shoot:

Sat 1 May 1 session 2.00pm – 4.00pm

Make your holiday photos memorable for all the right reasons. Let everyone enjoy what you experienced with this non-technical course in how to get the best from your camera, what to look for in holiday photography and how to capture priceless moments from that special trip or event. This is a three-part class, comprising two sessions in the studio and one interactive session out and about in North Melbourne. Please bring along the camera you use, digital or film.



Pilates New!

Please ring to register your interest; we will get started once we have a full class.

Psychological First Aid New!

Manson Ignace, Psychologist

Where: The Centre

Cost: \$25

T1 Sat 6 Feb – 6 Mar 5 sessions..... 1.00pm – 2.00pm

Manson Ignace, Psychologist from Errol Street Medical Centre, will provide participants with practical first aid skills for assisting family members or friends living with mental health issues. This series aims to inform, empower and delight participants. Sessions will cover: What are the early warning signs of anxiety, depression and stress? What psychological first aid techniques can prevent symptom escalation or enhance resilience? How do I prevent myself from burning out? When is a professional mental health referral indicated? What mental health resources are available?

Spinal Health Talks New!

Dr Lisa Smycz, Chiropractor

Where: Errol Street Chiropractic Centre

222 Errol Street, North Melbourne

Cost: \$10, with all profits going to the
Australian Spinal Research Foundation

Every Thursday 7.15pm – 7.45pm

Is your health important to you? Of course, without good health, our lifestyles are affected. Dr Lisa Smycz is offering spinal health talks to our community members in the hope of improving our overall health consciousness and to educate our children in making good health choices. You will learn how your spinal health reflects your overall health and how to detect problems before symptoms appear. Learn the causes of spinal health problems and how to look after your spine to enhance overall health, improve energy and reduce your body's wear and tear.

Call Errol Street Chiropractic Centre to book on 9329 1118.

The Centre's Volunteer Program

Linden Smith

The Centre's volunteer program caters to every taste. We have a role that everyone will enjoy and get something out of. Have you volunteered before? Maybe you should give it a go! Volunteering is a great way to meet people in your area, do something for your community, gain new skills or just do something out of the ordinary. This year The Centre has a wide array of opportunities for everyone, from volunteering in Spring Fling 2010 to tutoring, writing and editing, helping out at the North Melbourne Football Club Learning and Life Centre and much more.

If you are interested in getting involved, please contact Linden at The Centre on 9328 1126 for more information.

Thread Den

The Thread Den school holiday program is always jam-packed full of fun classes. Whether it's fashion and sewing, crochet or craft, our growing variety of classes are sure to inspire kids and teens of all ages.

Contact Thread Den on 9329 5305.

Yoga – Beginners[^]

Shyamala Benakovic

Where: North Melbourne Primary School gym
210 Errol Street, North Melbourne; enter via Murphy Street gate and through the main entrance of the gym
Cost: T1 \$106 or \$95 concession, T2 \$145 or \$131 concession
T1 Wed 3 Feb – 24 Mar 8 sessions..... 7.45pm – 9.00pm
T2 Wed 14 Apr – 23 Jun 11 sessions..... 7.45pm – 9.00pm

A beginners' course that incorporates all aspects of yoga – asanas (postures), breath work, meditation, relaxation and self-enquiry. Particularly suitable for those who want to learn the basic principles and philosophy of yoga, the course will start with basic postures and breath work incorporated into gentle flowing sequences, and move on to a more dynamic practice which will open and strengthen the body and mind. The course will equip students with knowledge of yoga techniques that enhance general health and wellbeing.

Yoga – General[^] New!

Shyamala Benakovic

Where: North Melbourne Primary School gym
210 Errol Street, North Melbourne; enter via Murphy Street gate and through the main entrance of the gym
Cost: T1 \$92 or \$83 concession, T2 \$118 or \$107 concession
T1 Mon 1 Feb – 22 Mar 7 sessions..... 6.15pm – 7.30pm
T2 Mon 12 Apr – 21 Jun 9 sessions..... 6.15pm – 7.30pm

No class Labour Day 8 Mar, Anzac Day 26 Apr & Queen's Birthday 14 Jun

This yoga class is suitable for all levels of practitioners from beginner to advanced. Hatha yoga, which is a classical style of yoga that incorporates asanas (postures), pranayama (breath), meditation and relaxation, will be taught in these classes. The yoga session will incorporate a flowing practice which coordinates movement with the breath. This flowing practice, known as vinyasa, is aimed at enabling students to find their own way in yoga. The method invites transformation of the body and mind by bringing awareness of how our actions are linked, moving from one to the next, using one breath at a time.

Yoga – Intermediate[^]

Shyamala Benakovic

Where: North Melbourne Primary School gym
210 Errol Street, North Melbourne; enter via Murphy Street gate and through the main entrance of the gym
Cost: T1 \$106 or \$95 concession, T2 \$145 or \$131 concession
T1 Wed 3 Feb – 24 Mar 8 sessions..... 6.15pm – 7.30pm
T2 Wed 14 Apr – 23 Jun 11 sessions..... 6.15pm – 7.30pm

A course for students who have completed at least two terms of the beginners' course or have at least one year of yoga practice

experience. The course will go into the deeper and more subtle aspects of yoga, moving from a clear understanding of the physical aspects of yoga to an exploration of pranayama, meditation and relaxation practices that will enable students to delve into their true nature.

Yoga with a Difference[^]

Shyamala Benakovic

Where: North Melbourne Primary School gym
210 Errol Street, North Melbourne; enter via Murphy Street gate and through the main entrance of the gym
Cost: T1 \$92 or \$83 concession, T2 \$118 or \$107 concession
T1 Mon 1 Feb – 22 Mar 7 sessions..... 7.45pm – 9.00pm
T2 Mon 12 Apr – 21 Jun 9 sessions..... 7.45pm – 9.00pm

No class Labour Day 8 Mar, Anzac Day 26 Apr & Queen's Birthday 14 Jun

A course that teaches you to build a personal home practice using a holistic approach to develop the physical, mental and spiritual self within. These classes are suitable for both beginners and experienced students. Taught through discussion, all elements of yoga will be studied – poses, counter-poses, breathing, meditation, relaxation and philosophy. This will enable students to develop a practice tailored to their own specific needs based on current state of health, age, occupation and lifestyle. Classes will be conducted in a light-hearted manner to allow students to have fun and explore and develop a complete practice for themselves based on the traditional principles of yoga.

[^]Please do not eat a large meal within 2–3 hours of your yoga practice. Light snacks are ideal to maintain your energy. These yoga classes are NOT suitable for pregnant women.



CENTRE ADVENTURES

Ainslee Smith

European Food Safari Shopping Tour

Where: Starting from The Centre

Cost: \$25

T2 Mon 12 Apr 1 session 9.30am – 3.00pm

All-day bus trip to European food factory outlets around Melbourne! Purchase gourmet delights at discounted prices. Includes visits to Mediterranean wholesalers such as La Triestina pasta factory and Aurora's Ice-cream! Travel and lunch are included. Bookings with payment required one week before scheduled date. Ticket required for entry.

Globe Trotting Lunches

Where: The Centre

Cost: \$15 per lunch

T1 Wed 24 Mar 1 session 12.30pm – 2.30pm

T2 Wed 21 Apr, 26 May, 23 Jun....3 sessions 12.30pm – 2.30pm

A gastronomical taste sensation awaits you when you come on in for our delicious Globe Trotting Lunches. All the food is prepared and cooked at The Centre by Ainslee Smith. On our gastronomical journey we will experience a range of tastes, sounds, sights and smells, whilst enjoying a fabulous three-course meal. We would love to share our journey with you. Let's go! Bookings with payment required one week before scheduled date. Ticket required for entry.

Healesville Sanctuary Adventure

Where: Meet at The Centre

Cost: \$25

T1 Mon 1 Mar. 1 session 9.30am – 3.30pm

This Adventure involves a bus ride through the beautiful Yarra Valley to the Healesville Sanctuary. We will have a guided tour through the sanctuary including the 'birds of flight' show. A barbecue lunch will be provided. Come and be a part of this wonderful day! Please wear suitable footwear and clothing for the day's weather. Photos will be taken and displayed in our Adventure window. Bookings with payment required one week before scheduled date. Ticket required for entry.

Laverton Market Adventure

Where: Meet at The Centre

Cost: \$15

T1 Sat 20 Feb 1 session 8.30am – 1.30pm

T2 Sat 15 May 1 session 8.30am – 1.30pm

Our next Adventure for the year starts with a half-day bus trip to Melbourne's most popular bargain destination, trash and treasure at the Laverton Market. Receive a free shopping bag with morning tea provided. There will be something for everyone. Come along and let's get shopping. Please wear suitable footwear and clothing for the day's weather. Bookings with payment required one week before scheduled date. Ticket required for entry.

Werribee Mansion & Rose Garden Adventure

Where: Meet at The Centre

Cost: \$20

T1 Mon 8 Feb..... 1 session 9.30am – 3.30pm

This Adventure involves a bus ride to the spectacular Werribee Mansion and Rose Garden. We will have a guided tour through the mansion and rose garden. A barbecue lunch will be provided. Come and be a part of this wonderful day! Photos will be taken and displayed in our Adventure window. Bookings with payment required one week before scheduled date. Ticket required for entry.

Wonders of Science: Scienceworks including Planetarium Adventure

Where: Meet at The Centre

Cost: \$25

T2 Mon 3 May 1 session 9.30am – 3.30pm

Discover the wonders of science and astronomy! There is absolutely something for everyone on this tour. Lunch included In trendy Yarraville. Bookings with payment required one week before scheduled date. Ticket required for entry.

EVENTS

Breakfast Event Series

Breakfast #3 Fashion Never Sleeps

Wednesday 24 February 2010, 7.00am – 10.00am

The Centre proudly works in partnership with the North and West Melbourne Precinct Association to support local business with a series of Breakfast Events. The next Breakfast Event will be held on 24 February 2010. This event will showcase local fashion and design. It will be held in local designer Jason Grech's Style Warehouse. Experience the design and construction work room while it is functioning. This is a great opportunity to meet people who live, work or play locally whilst sampling the diversity of local fare. The Breakfast Event is the perfect opportunity to network and promote your own business or organisation before your busy workday begins. This is a non-seated event.

Tickets always sell out so book at The Centre soon.

Spring Fling Street Festival, 2010

Sunday 24 October 2010, 12noon – 5pm

Register your interest to volunteer, perform, show off your wares or participate in festival activities at www.springfling.org.au

See *back cover* for details.

Visit our **New!** website www.centre.org.au

Download an enrolment form today!

Visit www.centre.org.au and click on *enrolment forms*.

The Centre proudly works in collaboration with the following organisations to provide innovative education options for children and adults:

- Flagstaff Crisis Accommodation
- Living Music
- Ozanam House
- Ozanam Community Centre
- Regina Coeli, a branch of Macaulay Community Services for Women
- Thread Den
- North Melbourne Library

From the Chair

“The Centre is a thriving, jiving and amazing place. I encourage everyone who wants to learn something new, make friends or volunteer their time to read this brochure from cover to cover. Come on into 58 Errol Street and get connected.”

– **Ann Wilkinson**
Chair, Committee of Management
The Centre: Connecting
Community in North and West
Melbourne Inc.

The Centre: Code of Conduct

At The Centre it is very important to us that you enjoy and benefit from each course you decide to undertake. The Centre strives to provide a friendly, safe and creative environment. It is essential that every person feels comfortable to connect, develop and achieve. To help maintain and promote such an environment we ask each participant of The Centre to abide by our Code of Conduct. The code outlines the standard of behaviour and mutual respect expected of all participants. A copy will be provided on request. For the respect of all, The Centre is an alcohol and other drug free environment, and if you exhibit any evidence of intoxication you could be asked to leave.

North Melbourne Language & Learning

33 Alfred Street, North Melbourne
Phone 9326 7447 for details.

Rotary Club of North Melbourne

The Centre acknowledges the support of the Rotary Club of North Melbourne to the local community.

North and West Melbourne Precinct Association

“Stronger bonding and better relationships have been significantly helped by the Breakfast Events.”

– **Gary Bohmer**
President, N&WMPA

North Melbourne Football Club

“The Centre has been a fantastic help in working with us to build our links with the local community. Our players have attended the Homework Club and the relationship led to our involvement in the Spring Fling Festival. We have received great feedback from both activities and from the coverage in the North and West Melbourne News.”

– **John Murphy**
North Melbourne Football Club



Thanks to photographers Anthony Leong and Jim Weatherill.

Name of course/activity

First name Last name

Address

Postcode

Phone Mobile

Email

Date of birth

Cultural background / identity

Gender identity (please circle) Man Woman Transgender Other

Do you have any medical conditions or disability that requires additional support? Yes No

Please indicate the nature of the service required

Emergency contact name

Contact number

Whilst participating in this course or activity, I agree to abide by the Conditions of Enrolment and Code of Conduct of The Centre.

Signed

Name.....Date

PAYMENT OPTIONS

Amount due \$

Cheque: You are welcome to come in and pay by cash or make cheques payable to: The Centre.

Credit card: Visa Mastercard

Card no

Expiry Date

Name of Cardholder

Signature of Cardholder Date

FEES AND CANCELLATION — conditions for non-ACFE funded courses

- The Centre provides a diverse range of programs. Some are pre-purchase ticketed programs, pay-as-you-go. Most require full payment prior to commencement date, whilst others are free.
- Fees are quoted per term, unless stated otherwise. Fees are required in full **prior to commencement** date.
- One week's notice prior to commencement date is required if you wish to cancel and receive a full refund.
- Refunds will not be given for cancellation post commencement date unless for medical reasons, with medical certificate.
- If joining a course/activity after the commencement date, a pro-rata amount will be discounted from the original course cost for each week missed. Bookings for fee paying classes can be taken over the phone with payment.

Some classes may be cancelled due to insufficient enrolments. We will phone to inform you if a class has been cancelled and you will receive a full refund.

ACFE funded Courses Fees and Cancellation Policy is available upon request to The Centre, as are The Centre's Conditions of Enrolment and Code of Conduct.

**SPRING FLING
STREET FESTIVAL
LOCAL CIRCUS
SPECTACULAR**

**ERROL STREET NORTH MELBOURNE
SUNDAY 24 OCTOBER 2010, 12NOON- 5PM
REGISTER YOUR INTEREST TO VOLUNTEER,
PERFORM, SHOW OFF YOUR WARES OR
PARTICIPATE IN FESTIVAL ACTIVITIES AT
WWW.SPRINGFLING.ORG.AU**

BE PART OF IT

**SPRING FLING IS PRODUCED BY THE CENTRE TO CELEBRATE WITH PEOPLE
WHO LIVE, WORK AND PLAY IN AND AROUND NORTH AND WEST MELBOURNE.**